



Oregon Swimming

News

Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.

Visit our web site: www.oregonswim.org

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Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

Oregon Swimming, 1750 SW Skyline Blvd #103, Portland OR 97221

DECEMBER NOTICES

2003 Awards Ceremony. The members of the Oregon Swim Coaches Association nominate and elect the Coaches and Athletes of the year. This year the Award was given to: Bud Taylor, Senior Coach of the year MHST and, Alex Nikitin, MAC, Age Group Coach of the Year, Caitlyn Shortt, MHST Female Athlete of the Year, and John Rasmussen, MHST, Male Athlete of the Year.

Linda Postma, Area Officials Chair, received the Dick Parker Officials Award, Jacki Allender, Official, Star Chair, received the James J Richardson Award, Bryan Butcher, CWY Coach, the Jon Arlin, Adapted Swimming Award, Robbert van Andel, OSI Web master, the USA Swimming Outstanding Service Award. The Media Award was given to The Newberg Graphic, The Jewish Review and The Grants Pass Dailey Courier. These awards were elected at the House of Delegates Meeting in October. Congratulations to all the award recipients and all the top athletes honored at the ceremony. Thank you to Marianne Gunderson and her committee for a great event.

Meet Evaluation forms/verification of membership

Please make sure when you make copies of the meet evaluation form you have the latest version and they should be mailed to Bruce Ludwig. They are included in the sanction packet. Also send a backup of your meet as soon as you have your entries

done for membership verification. There are too often athletes in the meet that are not registered. The meet is not insured when this happens!! All teams should use their Hy tek software when sending entries to a meet. All athletes should be entered with their legal names (preferred names added in the appropriate spot) and registration number as it appears on their membership card. This way we don't have problems with membership verification and the times database.

Linfield College in McMinnville is hosting the N.C.A.A. Northwest Invitational December 5th and 6th. They are looking for officials to work the deck. The meet is on Friday Night at 6PM and the following day at 10 AM.

Anyone who is interested may contact Dave Emmons at PDStowdesk@aol.com.

Dues Increases for 2004

The 2002 USA Swimming House of Delegates approved dues increases starting September 1 the dues will be:

Seasonal Athlete	\$25.00
Year-Round Athlete	\$45.00
Coach	\$70.00
Officials	\$50.00
Administrators	\$45.00

No increase in outreach and club membership fee.

Safety Marshals. Safety marshals should be highly visible on the pool deck. USA Swimming rule 102.18. USA Swimming donated 5 vests and they

can be used at your meet. Contact the office for pick up if you wish to borrow them. They can also be ordered by contacting Kiefer Sports at 1-800-323-4071. The cost is \$9.50 per vest.

JOB OPPORTUNITY

Canby Swim Club is looking for an advanced Age Group Coach to join our year-round competitive swim program and share the responsibility of training approximately 80 swimmers. Job responsibilities include conducting workouts

1 1/2 - 2 1/2 hours a day, Monday through Friday, and participating in 1-2 swim meets each month.

Certifications (First Aid, CPR and Safety training for Swim Coaches) are required. Salary is based on experience and qualifications.

Please e-mail your resume to Head Coach, Eric Laitinen at eric@canby.com or our Club President, Nancy O'Brien at nancyob@centurytel.net. You may also send your resume to P.O. Box 21, Canby, OR 97013.

OREGON SWIMMING, INC. Regular Meeting November 4th, 2003

The Regular Meeting of the Board of Directors of Oregon Swimming Inc., was called to order by General Chair, Tim Stevenson, at the Eugene Hilton at 7:05 p.m.

The following individuals were present: Tim Stevenson, Stan Benson, Jacki Allender, Amy Emmett, Bruce Ludwig, Zach Niles, Judy L'Roy, Jeff Gudman, Coby van Anandel, Dawn Marie Woodward, Hailey Zehner, Larry Liebowitz, Monique De Spain, Tonya Van Walleghem, John Zell, Scott Kerr, Mark Rieniets

A. Approval of Minutes: Minutes from last meeting were not available.

B. Treasurer's Report: Marilyn was unable to attend. Passed out in packet. OSI budget was also handed out. Accepted as presented

C. Reports:

Administrative Chair Gary Leach: No report

Age Group Report-Amy Emmett: All-star assistant coaching team has been selected. The assistant coaches will be Shane Bennett (Bend), Greg (Corvallis), Jill Black (Eugene Y), Jason Moore (OCST), Eric Laitinen (Canby), James Resare (HEAT). The following have been asked to chaperone: Jeff Vallie (CAC), Trevor Hoke (ECSC) Looking for more female chaperones to ensure the girls on the team are adequately cared for.

Senior Report-Mark Bennett: Written report submitted. Discussion was held over ways to reduce the airfares for the Olympic training camp next year. Suggested that selecting the team earlier needs to be examined.

Coaches Report- No report

Athletes Representatives-Mason & Hailey: 3 Club athlete representatives have been obtained so far. Athlete representatives from other clubs are still being sought.

Scheduling/Championship Site Selection-Skip Runkle: None

Time Standards-Andy Carlisle: None

Technical Planning-Eric Camus: None

Web site-Robbert van Anandel: Coby requested that any website content or ideas that people can suggest should be forwarded to Coby or Robbert for consideration for inclusion on the OSI web site.

Safety Chair-Jeanine Serrano: None

Camp Coordinator-Jeanine Serrano: Location for the girls camp is being investigated in the Newport area.

Officials Committee-Bruce Ludwig: USA Swimming LSC Officials chair meeting was constructive to suggest what Oregon could do. Items discussed included: LSC Officials chairs currently meet bi-annually and it appears there is value in changing this meeting to an annual basis. USA swimming cannot fund an annual meeting so LSC's may have to help. USA Swimming is considering holding the national officials clinic every two years, and will increase the number of officials permitted to attend. It is becoming more important for Referees to check coaches and officials credentials on the deck.

Adapted-Gene Mielke: Written report submitted

Office Manager/Registration-Coby van Anandel: Registration is now caught up using the new computer entry. Teams have started sending a backup of their meet to Oregon Swimming for verification before the meet, and Coby has been finding a lot of swimmers are not correctly registered in the meet using the full name including their middle name the way they are registered with USA Swimming. Also a lot of the registration numbers and birth dates are incorrect or missing. If meet directors can get these cleaned up and corrected in their team databases then the results will go into the USA Swimming database with a lot less manual cleanup. If a swimmer is rejected because they cannot be found in the USA registration database, the entire meet results are sent back to the hosting club.

Sanctions Chair Mark Rieniets: No report

Awards-Lise Thom: New patches have been received for swimmers competing in the Oregon Swimming championship meets

Awards Ceremony-Marianne Gunderson: Final arrangements are being completed for the awards ceremony for November 16th in Corvallis.

Star Chair-Jacki Allender: It is essential that names for meets MUST be the full registered name before they can be entered into the USA Swimming database. There have been a number of instances where the swimmers entered in relays did not swim, and it has not been updated in the meet information. This is causing more problems now that the times from all sanctioned meets being recorded in the USA Swimming database.

Records-Marni Henrickson: No report

All-Star Team-Jim Bowe: The all star coaching team has been finalized. The January meet will be in Olympia, but a final site has not been selected.

D. Old Business:

1. **Background Checks:** Jeff Gudman reported on background checks. It will be on agenda at USA Swimming Board meeting next week, and a task force has been formed to report back to USA Swimming on this.
2. **Bank Account Signatory:** Motion: *'Permission to add Jacki Allender as a signatory to the OSI Bank account'*. Motion passed

E. New Business

- Two attorneys representing an 8 year old swimmer, presented a written agreement to the OSI board which requires the OSI board to assume responsibility for guaranteeing that the swimmer could participate in a number of meets coming up with the next few months which the swimmer had been declined entry. The agreement also assures that the swimmer will be able to continue to compete in meets hosted by clubs within Oregon Swimming until the swimmer reaches the age of 10. Significant discussion was held on the circumstances that had arisen to reach this point, and the agreement. To show their good faith, Eugene City extended a personal invitation to the swimmer at their meet in December, and guaranteed the swimmer a place in the meet. OSI board committed to follow up on cited incidences where it appears the swimmer may have been discriminated against, and to take pro-active action to ensure this does not happen in the future.

New Team: *A new team from Oregon State University was accepted into Oregon Swimming. Their coach is Larry Liebowitz.*

There being no further business to come before the Board, the meeting was adjourned at 9:31 p.m.

Oregon Swimming, Inc.

By Mark A. Rieniets

AGE GROUP REPORT

AMY EMMETT

Congratulations to all of the Oregon Swimming Top 5 swimmers. You set the standard for all the swimmers in your age groups. Dedication and hard work, good coaches, and commented parents helped you achieve your goals. Dream Big for the future!

Alex Nikitin of the Multnomah Athletic Club is the 2002-2003 Age Group Coach of the Year.

Congratulations! Alex will be serving as Chair of the Technical Planning Committee in 2004. Thank you, Alex, for your dedication and service to swimming.

Adapted Swimming

Gene Mielke

Adapted Records: Oregon Swimming is now maintaining records for swimmers with disabilities and hearing-impaired swimmer. OSI will maintain records by adaptive classifications within the standard OSI age groups and senior swimming. I will also be keeping the records for Masters Swimming. At the current time records will be acknowledged based on submitted requests. There is a form available on the OSI web site. The record requests will need to be backed up by either an official copy of the meet results in which the swim occurred, or by a form attested to by the Meet Referee and the Meet Electronic Timer. Swims occurring at the USA Swimming Disability Championships do not need to be applied for. In the future when active swimmers are identified, it is hoped to be able to track the swims through the OSI Stars data system.

Classification: OSI is going to attempt to regional classifications for swimmers with disabilities. This will be strictly a local classification and swimmers attending any meet requiring a International Paralympic Committee (IPC) classification will need to be reclassified by the appropriate classifiers. Mark Maxwell, OSI coach and a Regional technical classifier, and other individuals will assist in the process. The current plan will be to hold a classifying session on some weekend during the winter. The plan requires some

Please FAX this application to 503-297-8498 or mail to: Oregon Swimming, Inc.
1750 SW Skyline Blvd. #103, Portland OR 97221

ALL-STAR MEET SWIMMER APPLICATION

Region XII All Star Meet,
Olympia, Washington, January 24-25, 2004

Swimmer's Name: _____ M/F

Address: _____

City, State, Zip: _____

USA Swimming# _____ Club: _____ Phone _____

Coach Name: _____ Your age (on January 24, 2004): _____

Enter best short course yards and long course meters times for **ALL** the following applicable events: (Must have a minimum of one current short Age Group Sectional time. For short course time standards, 11-12 yr. old use 12 yr. old time standards, 13-14 yr. old use 14 yr. old time standards). **The times you list below must have been achieved since June 1, 2003.**

Event	SC Y Time	LC M Time	LC M Time	Date Achieved	Meet at which this time achieved
200 Free					
100 Fly					
50 Free					
200 IM (11-12)					
400 IM (13-14)					
100 Free					
100 Breast					
500 Free					
100 IM (11-12)					
200 IM (13-14)					
100 Back					
* 50 Back (Relay)					
* 50 Breast (Relay)					
* 50 Fly (Relay)					

- **Please circle the events for which you have achieved a qualifying time. Please include *50 yard times for Relays.**
- **Please Note:** Since short course times will most likely reflect your most recent performances, they will receive priority consideration in the selection process.
- **IMPORTANT:** This form must be signed by your coach in the space below. Coach's signature verifies that the times have been achieved in competition since June 1, 2003.
- Coaches, please use the space provided for comments you may wish to make regarding the swimmers events, conditioning, etc.
- **Coach's signature verifies that swimmers level of conditioning is appropriate for this competition and that to the best of your knowledge, the times listed are accurate and were achieved on the date and at the meet indicated.**

Coach's Signature: _____

Coach's Comments: _____

APPLICATION MUST BE RECEIVED BY NOON, December 15th, LATE APPLICATIONS WILL NOT BE CONSIDERED

**FAX to Oregon Swimming at 503-297-8498 Phone 503-297-6027 to verify receipt of FAX. Or
Mail to: Oregon Swimming, Inc. 1750 SW Skyline Blvd Suite 103 Portland OR 97221
DO NOT SEND MONEY WITH THIS APPLICATION**

Using the Body as a Tool for Faster Swimming

11 & UNDER CAMP

WHEN: DEC.16, 17, 18, 2003

WHERE: BALLY TOTAL FITNESS, FISHERS LANDING, VANCOUVER WA.

TIME: 4:00- 7:30 PM

COST: \$ 90.00 PER SWIMMER

12 & OVER CAMP

WHEN: DEC. 19, 20, 21, 2003

WHERE: BALLY TOTAL FITNESS, FISHERS LANDING, VANCOUVER, WA.

TIME: DEC. 19, 2003 4:00-8:00 PM

DEC. 20-21 ALL DAY

COST: \$ 135.00 PER SWIMMER

Registration:

By mail or 2:00- 4:00 pm on Starting dates

FEATURING : MILT NELMS

He is widely recognized as one of the top experts in the world on the subject of swimming technique & athlete development. He has spoken at numerous swimming symposiums though out the world.

CAMP PROFILE:

Each camp will cover information in lectures, dry land, & water sessions. Introduction of basic velocity qualities in all 4 strokes. An emphasis will be made upon posture, aquatic management, & body awareness.

Registration Form

Name _____

11&under _____ 12&over _____ Age _____

Club _____ USA Swimming Number _____

Address _____

e-mail _____ Check _____

MAKE CHECKS TO:

CRST/ BALLY SWIM CAMP, 16096 SE, 15th ST., VANCOUVER, WA. 98683

Oregon Swimming, Inc. 1750 SW Skyline Blvd. Suite 103, Portland, OR 97221-2545

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