



Oregon Swimming News

Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.

Visit our web site: www.oregonswim.org

Volume 24, Number 5

May 2003

Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

Oregon Swimming, 1750 SW Skyline Blvd #103, Portland OR 97221

MAY NOTICES

The May OSI Board Of Directors meeting will be in the Eugene Hilton May 7, 2003 7PM.

New Oregon Swimming Records.

Records set at the NW Age Group Sectional meet

11-12 Women

Maggie Alexander, 12, TTSC,
1650 yd freestyle, 18:39.04, 200 yd back, 2:11.42
Jordan King, 12, THSC, 100 yd fly, 57.54,
200 yd fly, 2:07.36, 200 yd IM, 2:09.41

13-14 Women

Lindsey King, 14, 100 yd backstroke, 56.58,
200 yd back, 2:01.78

15-16 Women

Anne Liggett, 16, THSC, 100 yd free, 50.79

13-14 Men

Garth Summers, 14, THSC, 100 yd fly, 50.54,
200 yd fly, 1:51.18

Relays:

11-12 Women

200 yd freestyle relay, THSC (Michelle Needham,
Kath Liggett, Elica Sharifnia, Jordan King) 1:42.31
400 yd freestyle, THSC, (Jordan King, Kath Liggett,
Elica Sharifnia, Michelle Needham) 3:46.06

200 yd medley relay, THSC (Michelle Needham,
Elica Sharifnia, Jordan King, Kath Liggett) 1:52.81

15-16 women

200 yd freestyle relay, THSC (Anne Liggett, Genna
Patterson, Mary Patterson, Caitlin Summers) 1:37.40

2003 Oregon Swimming Board of Directors

General Chair Tim Stevenson
Admin Chair Gary Leach
Senior Chair Mark Bennett
Age Group Chair Amy Emmett
Coaches Rep Scott Allen
Sr. Athlete Rep Mason Amick
Jr. Athlete Rep Zach Niles
Secretary Valarie Koss
Treasurer Marilyn Loitz
TPC Eric Camus
Registration Coby van Andel

Subscribe to Oregon Swimming News!!

For only \$12.00 per year you will receive all the latest information, along with reminders of what is coming in the near future for All OSI members. Just complete the form, enclose \$12.00 and send to the office.

2003 Swim Guide

The 2003 Swim Guide is available by sending in this form with payment to Oregon Swimming. They cost \$5.00 each.

Name: _____

Address: _____

City, State, Zip: _____

400 yd freestyle relay, THSC (Anne Liggett, Genna Patterson, Sarah Fausel, Caitlin Summers) 3:30.07
 200 yd medley relay, THSC (Mary Patterson, Genna Patterson, Kara Nelson, Anne Liggett) 1:44.22, (this is unofficially a NAG record)

13-14 men

200 yd freestyle relay, THSC (Sean O'Keefe, Matt Blasa, Andy Viglione, Garth Summers) 1:33.23

2003 College Bound Swimmers. Please help recognize our graduating seniors by calling 503-297-6027, Faxing to 503-297-8498, or email swim@oregonswim.org if you have additions to this list. Good luck and congratulations to our swimmers moving on to college in the fall.

<u>NAME</u>	<u>TEAM</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE</u>
Nathan Newberg	MSC	McMinnville	Whitworth
Megan Cassell	SHSC	S Albany	Denison U
Meghan Briggs	WSC	Springfield	U of O
Shenglei Hu	WSC	Sheldon	Johns Hopkins
Mattias Otto	WSC	Springfield	Universal Technical Institute
Sarah Scoville	WSC	Thurston	Linfield

2003 LC 10&Under Championships and Mini

Expo. The Phoenix Inn Suites in Albany, OR. is delighted to have your group as guests during your swim meets in Albany. All the activities for the 2003 Mini expo are scheduled in the Phoenix Inn. They will offer the government rate of \$55.00 for King Suites, and \$64.00 for Double Queen Suites not including the 9% City Tax. The Guestroom block is listed under OSI for the following dates: June 7/8, July 12/13 and October 3/4/5/03. – this includes Complimentary Buffet Breakfast, indoor pool, spa and fitness center. Suites include microwaves, refrigerators, coffee makers, hair dryers and iron & ironing board. Also all local telephone calls are free. The Phoenix Inn is located right off of Exit 233 on I-5. For more information go to www.phoenixinnsuites.com. Call 541-926-5696 or 888-889-0208 for reservations.

Safety Marshals. Safety marshals should be highly visible on the pool deck. USA Swimming rule 102.18. USA Swimming donated 5 vests and they can be used at your meet. Contact the office for pick up if you wish to borrow them. They can also be ordered by contacting Kiefer Sports at 1-800-323-4071. The cost is \$9.50 per vest.

COACHES CORNER

SCOTT ALLEN

At the OSI scheduling meeting, the 2004 11 and Older Championships for long course will be on 31 July - 3 August, which is a change from what was originally planned. The reasoning for moving to the later date is to lengthen the long course season. From the Senior Sectional meeting, the biggest change is that there will no B standards, instead swimmers that have one cut may have one bonus swim, those with two cuts may swim two bonus events. There is a maximum of two bonus swims. From the Age Group Regional meet, those swimmers that are 15 and older and have a Senior Sectional cut (even if they did not swim at Sectionals) may not swim in the meet. This does not affect swimmers that are 14 and under.

The Club Leadership and Business Management School hosted by OSI in April was a success. There were over eighty people from 22 teams registered for the seminar given by Kim Holmes, Western Zone Club Development Coordinator. The focus on the seminar was on board development and governance. This was a great opportunity for boards to better understand how they can be more effective in supporting their swimmers, team and coaches. Although the focus was mostly for teams that have parent boards, their are plans to also provide more information for teams that are coach owned. Oregon Swimming has plans for another CLBMS for next Spring.

Recently OSI has been addressing the subject of background checks for coaches and volunteers. The subject was brought forth at our LSC meeting in Eugene last November. Discussion included having coaches and chaperones for our Zone/All-Star trips checked to having all registered coaches checked. Currently, OSI is only proceeding with background checks for those coaches and chaperones for OSI business, such as Zone and All-Star teams. Why are we starting to do background checks now? To protect our swimmers. From a liability point of view, it is in the best interest of the LSC to ensure that those working for OSI on travel meets are meeting a standard of care that does not compromise the safety of our children. Oregon Swimming is currently working on a policy to begin this process, as well as a company to perform the checks. Jeff Gudman is actively working on a USA Swimming committee which is specifically meeting to address this issue. As this committee moves forward on its work, Jeff is

providing information on how OSI can best move forward on this process.

For now, it is left to individual teams to determine if background checks should be done on their coaching staff, chaperones, or volunteers. It is important that clubs consider this option. This not only protects the children on the team, but it protects the board and the coaching staff. For those coaches working with high school, YMCA or city sponsored teams, having a background check is part of the hiring process. Following our LSC meeting in November, our RST board and coaching staff agreed that we would also have background checks completed on all staff members. Our board is finishing its work on policies and procedures to do background checks as part of the hiring process for the team. In putting together the policy, we looked at what we wanted to check and to what level we would check, as well as a review process for staff. The Eugene Y also has background checks completed for all of its staff members. If coaches or board members have questions about how to start this process, both RST and Eugene Y are willing to share how they make it work for their team.

A COLLEGE CAREER AND CLUB SWIMMING GARY LEACH

This is an addition to the article about a COLLEGE CAREER AND CLUB SWIMMING. After a short break Ryan L'Roy is back at it swimming for the summer nationals and a chance, and probably his final chance, to Qualify for Olympic Trials. Part of his break was soul searching and part was realizing he may never have a chance at this level. You'll always ask yourself, could I have made the standard for the meet? Well, the answer is real simple if you don't try. Ryan will give it another go and in fact he's training now, good luck Ryan and see you in College Park, Maryland in August.

OREGON SWIMMING SPORTS HALL OF FAME GARY LEACH

The committee looking at the Oregon Swimming Sports Hall of Fame got together and came up with these recommendations for nomination into the 'Hall of Fame'
SWIMMERS:

10 years as a registered athlete in Oregon
(USA Swimming or AAU)
National select team 'A' or 'B'
National Junior Team
Olympic Team

COACHES:

15-20 years at Senior' level
Swimmer @ national level or above
O.S.I. board member/ National board
30 years at 'Age Group ' level
National Reportable top 16 times
LSC Championship team/individuals
Sectional Champions
O.S.I. board member/ National board

OFFICIALS

30 years experience
O.S.I. board member/ National board
Officiate @ Open level or above

competition.

These are only criteria brought together from the committee. If you have suggestions, please get in touch with Mark Bernett or Gary Leach.

Web Top Times Database Robbert van Andel

I'd like to use this opportunity to address some issues that have come up in the last couple of months.

I've received several emails about the high school district and state meets and why they are missing from the Top Times lists. The board of directors voted a while back that only those times where the athlete is representing an Oregon team (OSI registered team or all-star team) would count for Top 5 and OSI records. The top times database attempts to closely parallel the Top 5 lists compiled at the end of the competition year.

The OSI office manager and I have spent many hours going through the database correcting errors in the database. I encourage all teams to use their Hy-Tech software to the fullest. Many times, the results I receive have errors like missing USA Swimming numbers, or a last name that are spelled slightly different from a previous meet. The net effect is that a swimmer will appear in the database several times with different spellings. Please be diligent about the information entered into Team Manager and use Team Manger whenever entering meets.

I also received many emails in the last six months or so about why relay lead off swims are not included in

the top times database despite the fact that they are legal swims. When I first created the database, many swimmers were appearing on the top times database with times they had never swum. It turned out that these anomalous swims came from relay lead offs. Apparently swimmers were in the meet results swimming in relays that they either did not swim or swam in a different order. Because of these errors, I had to make the decision that relay swims would be omitted from the database.

There have been concerns that I had the ability to include relay swimmers from specific relays. This is not the case. The program I wrote to create the top times ignores all relay swims. It would require a rewrite of the software to include them back in.

There is no easy answer to this issue. In one regard, swimmers that legitimately swam times as the first leg of a relay are left out of the database. On the other hand, meet results are constantly incorrect in the order that swimmers swam on the relay, so the proper swimmers were not being credited. Verified lead off times will be included in the top 5, top 16 and OSI records and can be submitted for OSI Championship proof of times.

ADAPTED SWIMMING

GENE MIELKE

Disability Championships:

The USA Swimming Disability Championships are in Minneapolis June 12-14, 2003. (Please note there is an incorrect listing date in the OSI Swim Guide). All the information for the meet is now available at the USA Swimming web site.

International Paralympic Committee:

The IPC web site is up and running again. It can be found at IPCswimming.org.

OFFICIALS CORNER

BRUCE LUDWIG

Recognition

Congratulations and welcomes are due to new and current officials for their accomplishments. Congratulations to Laurie Brody, ECSC, Paul Butcher, FGSC, and Peggy Annable-English, LOSC, for their new certification as Stroke and Turn Judges. Welcome to Dave and Bonnie "Sam" Archambault, RST. They are S&T Officials who transferred here from another LSC. Congratulations to Marcie Dillon, MSC, and Rod

Roberson, THSC for their accomplishment in attaining Starter certification. Last, but not least, congratulations to Polly McKay, MSC, Greg Johnson, AAA and Michael Wolfe, HEAT, for their new certifications as Electronic Timers. Michael Wolfe is also an S&T Official and starter. Welcome, and thanks for your hard work.

May Meeting

Mark your calendar for the May OSI board meeting. The meeting will be held at the Eugene Hilton (66 East 6th Ave, Eugene) with an officials' meeting beginning promptly at 6:00 PM. Please attend the officials' meeting if at all possible. The meeting agenda will include discussion of plans to improve the training program for officials and trainers.

Meet Referee Assignment

Any referee wishing to be assigned as either Meet or Admin Referee for the upcoming OSI long course championship meets please e-mail, call, or snail-mail your interest to me no later than **May 15th, 2003**. Your correspondence should include the following information:

- Number of years certified as referee;
- Past championship assignments, if any;
- Self-evaluation of your performance as referee;
- Specific championship meet and position for which you desire assignment.

The OSI 10/U LC Championship will be held in Albany July 12th and 13th. The OSI 11/O LC Championship will be held in Pendleton July 17th through 20th (same weekend as LC Sectionals in Gresham).

Miscellaneous

Mini rule books are available from the OSI office for \$3.00. Get'em while they're hot! I get no kick back...

I'm sorry for the confusion regarding national certification from the short course championship meets. Those who applied discovered the meets were not approved by USA Swimming as national certification meets. I misunderstood information and failed to ensure they were approved.

**Minutes – Oregon Swimming, Inc.
Board of Directors' Meeting
Conference Call**

April 2, 2003

Tim Stevenson, Gary Leach, Coby VanAndel, Marilyn Loitz, Valarie Koss, Amy Emmett, and Mark Burnett participated in the Conference Call. The following was discussed:

- A. Award's at Senior Championship Meet:** After some discussion, the Board decided to provide awards, consistent with other Championship Meets, at the Senior Championship Meet so long as it is held at the end of the season.
- B. Travel Reimbursement:** Mark asked that funding for the Coaches 2003 Junior National Meets in Orlando, Florida and Houston, Texas be reconsidered. The Board advised Mark that considerable discussion took place on this topic at the March Board Meeting and funding for Junior National Meets would begin in 2005.
- C. Hall of Fame:** Gary indicated that the criteria was not published in the April Newsletter and asked that it be published in the May Newsletter to give everyone an opportunity to review it and make changes or suggestions. Tim asked Gary to form a Selection Committee.
- D. Senior Sectional Meeting:** Mark advised that action was taken at the March Sectional meeting to:
- i. Do away with "B" standards;
 - ii. Allow one bonus swim for each qualifying time, with a maximum of two bonus swims; and
 - iii. Allow two time trials.
- E. Age Group Regionals:** Action was taken at the Age Group Regional Meeting to:
- i. Eliminate swimmers who have senior sectional qualifying times.
- F. Proof of Times:** Gary advised that he had been contacted by a team regarding proof of times. Gary was asked to follow-up by advising the team to submit their proof of times for the short course championships within 30 days to avoid the fines. Clubs will be required to prove times, or pay the fine for non-conforming times.

G. Business Class: Coby advised that 82 people were scheduled for the Business Class. The Board was very pleased with the interest.

H. Reimbursement for Hy-Tech: The Board indicated a willingness to continue to allow reimbursement to teams for the purchase of Hy-Tech software.

Oregon Swimming, Inc.
By Valarie L. Koss

**Minutes – Oregon Swimming, Inc.
Scheduling Meeting
Multnomah Athletic Club
April 12, 2003**

Meeting was called to order by Gary Leach 3:00PM

Clubs in attendance: AAA, BEND, BDST, CB, CAC, CRST, CAT, DDSC, EA, ECSC, FGSC, LST, LAC, LCSC, MSC, MJCC, MHST, MAC, NST, NCSC, OCST, PRSC, PAC, PST, RST, SLST, SCAT, SA, SHSC, TDST, TDPS, TTSC, THSC, VSC, WHAT, WSC, WBST, YSC, CBSL.

Discussion about championship meet dates. WSC requested to move the date for SC10&Under to February 7-8 because of a convention in Springfield on February 21-22. After discussion the date will be February 21-22. Date change for LC 11& over to the last weekend of July. After discussion this passed. The 2004 SC championships will be held: 10&Under in Springfield – February 21-22. 11-14 in Corvallis - February 26-29, Senior Champs in Albany – March 4-7. 2004 LC 10&Under in Albany - July 17-18, 11&Over in Gresham - July 29-August 1.

Some changes were made in the proposed calendar to accommodate the clubs who were hosting a meet in the championship weekends. A waiver was granted to the eastern Oregon summer league clubs to host an ABC championship meet during championship weekends.

The date for the awards ceremony was changed to November 21.

The 2004 schedule will be available on the Oregon Swimming Website. The meeting was concluded at 4:10PM

Submitted by Coby van Andel

2003 WESTERN ZONE CHAMPIONSHIPS CHAPERONE APPLICATION

The 2003 Western Zone Championships will be held August 5-9th in Tempe, Arizona. We will be gone from 8-4-03 thru 8-10-03. Persons interested in serving as chaperones (expenses paid) are encouraged to complete the application, FAX to 503-297-8498 or mail, by June 15, to: Oregon Swimming, 1750 SW Skyline Blvd. Suite 103, Portland, OR 97221.

Qualifications:

Current First Aid & CPR
Must be Oregon Swimming parent or coach
Enjoy working with age group athletes
Experience with group dynamics, teaching
Knowledgeable of the sport
Organized, adaptable, flexible, not easily stressed
Current Driver's License

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PH: (W) _____ (H) _____

EMAIL: _____

AGE: ___ GENDER: ___

Shirt Size S M L XL XXL

Short Size, Waist (specify) _____

Best time/place to contact you _____

Occupation: _____

Employer: _____

Please include copies of:

[] Valid Drivers License # _____

[] Current Automobile Insurance

[] Current CPR Certification

[] Current First Aid Certification

[] Other , If Applicable (specify) _____

Note: If you do not have current certifications, but are willing to obtain them as a condition of your participation, please check here []

Do you have children that expect to attend Zones?

Yes [] No []

Will this affect your decision to serve as chaperone?

Yes [] No []

What is your current or past involvement with Oregon Swimming? _____

Have you previously been involved with Zones? Y N

If yes, what year and in what capacity?

Questions, please call 503 297 6027. Thank you!

2003 Region XII All Star Team.

This year the team competed in the 25th Annual Keyano International Meet in Edmonton, Canada, April 25-27..

Team members:

Hunter Anderson – MSC

Kris Asleson – AAA

Mark Bozart-Dreher – CAT

Hannah Braun – BRSC

Shelby Bull – CAT

Victoria De Negri - MAC

Cody Deacon – LOSC

Patrick Foley – MAC

Jaime Fordyce – LOSC

Denise Green – SCAT

James Hanson – MHST

Spence Hill – BEND

Callie Kinser – RST

Justin Krettler – CB

Rachel Lee – CAT

Mailene Leslie – CAT

Jackie Leung – MHST

Nathan Losch – BEND

Mackenzie Luick – LOSC

Natasha Mangan – BRSC

Brett Nagle – PRSC

Peter Parisi – MAC

Carissa Poeschel _ PRSC

Hannah Points – TTSC

Louis Rogers TTSC

Jonathan Rooker – FGSC

Sam Rowan – ECSC

Brian Stocks – THSC

Sean Sweet - BRSC

Kellie Tippett - BEND

Alesha Trattner - LOSC

Jessica Walker - SCAT

They were accompanied by the coaching staff: Suha Tokman, Kathe Bourell, Darlene Hill, Dick Moody, Greg Bostrom, Martin Reichgott, John Zell and manager Elke Asleson.

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Published Monthly

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1750 SW Skyline Blvd. Suite 103
Portland, OR 97221

Volume 24 Number 5

Subscriptions \$12.00/12 issues
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