**Hood River Harvest of Gold Invitational**

October 14, 2023

Held under the sanction of USA Swimming, Inc. through Oregon Swimming, Inc.  
Sanction #21-XXX

**Sanction:** In applying for this sanction, the Hood River Valley Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, the State of Oregon, and the City of Hood River.

In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming, and the Hood River Valley Swim Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**MAAPP:** All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”) and that they understand that compliance with the MAAPPP policy is a condition of participation in the conduct of this competition.

**Host:** Hood River Valley Swim Team

**Host Facility:** Hood River Aquatic Center, 1601 May Street, Hood River, OR 97031

**Eligibility:** Swimmers must currently be registered with USA Swimming. Swimmers must be within entered age brackets as of October 14, 2023. Only swimmers from invited teams are eligible.

**Entry Deadline:** Entries will be accepted beginning September 21st and must be received no later than **7pm Thursday October 5th, 2023.** No on-deck registration will be permitted.

**Entry Limit:** Swimmers may enter a **maximum of four events and one relay.**

**Meet Format &** All events will be pre-seeded and swum mixed gender, slow to fast, as timed

**Specifics:** finals. No deck entries will be allowed. Age limits/guidelines are designated on Order of Events page. The 500 free may be limited in entries if the timeline is scheduled to run past 4 hours.

**Swimmer Limit:** 200 athletes is the meet maximum.

**Entry Fees:** $7/swimmer ($3 OSI surcharge, $4 facility use fee)

$4.50 Individual entry fee per event and $12 per relay.

Please make check payable to the HRVST and mail to HRVST 1603 May Street, Hood River, OR 97031.

**Entries:** Please submit a Hytek entry file to [hrvst.coach@gmail.com](mailto:hrvst.coach@gmail.com) With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.

**Awards:** Ribbons 1-10th place, boys and girls are swam together but scored separately. Events will be scored 8 & Under for the 25’s, 10 & Under for all other events, 11-12, 13-14, and 15 & Over.

**Facility:** Competition Pool: 10 lane 25yd by 25m pool with flush-deck gutters and 6” non-turbulent lane lines. Pool depth varies from four feet to seven feet. This meet will be held yards using up to 10 lanes. The competition course has not been certified in accordance with 104.2.2 C(4).

Electronic Timing system consists of strobe start, touchpads with buttons &

manual backup. Facility is accessible to adaptive swimmers.

**Seating:** There is bleacher space and deck space available for folding chairs.

**Timing:** Colorado Electronic timing system, horn start, and finish touch pads. Results via

electronic scoreboard.

**Pool Hours:** The facility will be open to the public during the competition. Participants may enter the facility 30 minutes prior to the scheduled warm-up time.

**Times:** Timeline is below. If a second session is needed, times will be updated.

Warm-ups Competition

Saturday am 10:00am 11:00 a.m.

**Rules:** Current USA Swimming and Oregon Swimming Inc., rules, will govern this meet.

**Tech Suits:** As of September 1, 2020, no Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

**Safety**: Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced. Please see Appendix A for specific guidelines and procedures regarding COVID-19 safety.  
  
Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**Medical Supervision:** Lifeguards will be present, and an AED will be in the guard room just inside the door. There are EMT’s across the street in the Fire Station.

**Restrictions:** No glass containers, tobacco products, or alcoholic beverages are allowed in the pool facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Photography is not allowed behind the blocks during the start of a race or relay exchange. Deck changing is prohibited. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Meet Referee:** Dan Rawding [drfishes@gmail.com](mailto:drfishes@gmail.com)

**Admin Official:** Lisa Sandoval [lesandoval96@gmail.com](mailto:lesandoval96@gmail.com)

**Meet Director:** Shelly Rawding [hrvst.coach@gmail.com](mailto:hrvst.coach@gmail.com)

**Officials:** Please contact the meet referee 1 week prior to the meet start date to declare your intention to officiate.  The officials meeting will be held in person at 10:15am. The uniform for officials will be white over black, with black shoes and socks. Officials and coaches shall display USA Swimming credentials with current certification when on deck.

**Timers:** The meet will be operated with two timers per lane. Each team will be responsible for assisting with timing.

**2023 Harvest of Gold Invitational**

October 14, 2023

**Order of Events – All events swam mixed, scored separately**

Event # Event Name

|  |  |
| --- | --- |
| 1 | 8 & Under 25yd Free |
| 2 | Open 50yd free |
| 3 | Open 100yd free |
|  |  |
| 4 | 8 & Under 25yd butterfly |
| 5 | Open 50yd butterfly |
| 6 | Open 100yd butterfly |
|  |  |
| 7 | 8 & Under 25yd backstroke |
| 8 | Open 50yd backstroke |
| 9 | Open 100yd backstroke |
|  |  |
| 10 | 8 & Under 25yd breaststroke |
| 11 | Open 50yd breaststroke |
| 12 | Open 100 yd breaststroke |
|  |  |
| 13 | 8 & Under 100 yd Freestyle Relay |
| 14 | Open 200 yd Freestyle Relay |
| 15 | Mixed Open 200 yd Freestyle Relay |
|  |  |
| 16 | Open 200 yd IM |
| 17 | 11 & Over 500 yd free |