

2022 OSI Senior/Region XII ARENA SC Championships March 4 - 6, 2022

Held Under the Sanction of USA Swimming, Inc.

Sanction Number: 22-024

COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, OREGON SWIMMING, TUALATIN HILLS AQUATIC CLUB, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Masks are required to be worn, completely covering nose and mouth, by everyone within the facility regardless of vaccination status at all times when not actively swimming.

- 1. Athletes must wear a mask behind the blocks while waiting for their upcoming heat.*
- 2. Athletes must have a waterproof container to store their mask while competing.*
- 3. Athletes must apply their mask immediately after exiting the pool at the conclusion of their heat.*

We have taken enhanced health and safety measures for the protection of all visitors to the Tualatin Hills Rec Swim Center. All posted, written, and other instructions must be followed while visiting the facility. At the discretion of Oregon Swimming, the meet referee, and the facility, COVID-19 restrictions may be adjusted to align with state, county, local, and facility requirements. Teams will be notified before the meet of any changes.

Referee: Sheila Lovell-Otterstrom - swimflygo@gmail.com

Admin Ref: Ray Jentges - ray941@hotmail.com

Meet Host: Oregon Swimming and Tualatin Hills Swim Club

Sponsor: Oregon Swimming, Inc.

Location: Tualatin Hills Rec. Swim Center, 15707 SW Walker Rd, Beaverton Or. (503)645-7454

Directions: Take Hwy 26 to exit #65 (Cornell Rd). Turn south (right if traveling eastbound, left if traveling westbound). Turn left onto NW 158th, go approx 1/2 mile to Schendel Ave. Turn left into the parking lot.

- Facility:** Indoor pool. Pool dimensions 50 meters by 25 yards. Swim venue includes: All areas enclosed in the indoor yard pool natatorium and the meter pool area. Pool deck areas available for swimmers, coaches, and officials only. Electronic timing and matrix score board. Facilities are accessible for swimmers with disabilities and they are encouraged to participate. The competition course has been certified in accordance with 104.2.2C(4). Concessions open throughout the meet. No overnight camping allowed.
NO SPECTATORS ALLOWED - LIVE STREAM ONLY
- Restrictions:** Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue, on the grounds, or in the parking areas. There is no shaving allowed in the swimming venue. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms. Photography of any kind is prohibited behind the blocks. Deck changing is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Deck Access:** Coaches and officials must display their current USA Swimming membership status at all times while on deck.
- Rules:** Current USA Swimming and Oregon Swimming Rules will govern. OSI Safety Guidelines and Warm-up Procedures will be strictly enforced.
- Format:** Except as noted on the schedule of events, all events are deck seeded prelims/finals format. There will be one Consolation C heat (10 lanes), one Consolation B heat (10 lanes) and one Championship Final A heat (10 lanes).
- MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- Schedule:** Friday Timed Finals: Warm-ups 3:00 PM, Competition 4:00 PM
Saturday & Sunday Prelims: Warm-ups 7:30 – 8:45 AM, Competition 9:00 AM
Saturday & Sunday Finals: Competition start time at least 2 hours after the conclusion of the preceding preliminary session.
Preliminary and Final timelines may be adjusted at the discretion of OSI and the Meet Referee.
- Eligibility:** Swimmers must be currently registered with USA Swimming LSCs within Region XII as of the day meet entries close (Alaska, Hawaii, Inland Empire, Montana, Oregon, Pacific Northwest, Snake River and Wyoming). Swimmer's age on the first day of the meet applies for the entire meet. Qualifying times are OSI 14 year old A times and must have been achieved from December 1, 2020 thru the entry deadline for this meet. Swimmers may qualify for the 1650 Freestyle events using the 1500/1650 time standards or the 800/1000 time standards. If the qualifying time is not achieved by the swimmer during the event at the meet and proof of a qualifying time is not in SWIMS, appropriate proof of the qualifying time must be forwarded to the OSI office within 10 days after notification from OSI. Failure to prove a qualifying time will result in a \$100 non-qualifying fine from OSI. No on-deck registration will be available.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as proficient in performing racing starts or must start each race from within the water. Unaccompanied swimmers must be assigned a coach.
- Event Limit:** Swimmers may enter a maximum of six (6) individual events total, and may not exceed three (3) individual events per day. Time trials count toward the three event per day limit but not toward the six event per meet limit.

Entry

Deadline: Entries must be received by 11:59 PM on Wednesday, February 23, 2022. No late entries will be accepted. New qualifying times achieved between February 24, 2022 and February 27, 2022 must be received by noon on February 28, 2022. There will be a separate OME event for last chance entries.

Entries: Enter the Oregon Swimming Senior Championships online at usaswimming.org/OME beginning Thursday, February 10, 2022 and no later than 11:59 p.m. Pacific Time, Wednesday, February 23, 2022. You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover. Once entries are submitted through OME, refunds will not be provided.

OME is not an eligibility report, Coaches are responsible for knowing events for which their athletes are qualified. A meet file will be made available for this purpose.

You can modify your entry online by adding to the original entry. You cannot delete an online entry once it has been paid for. Once you complete your online entry, you will be sent confirmations via email. Please keep all of these and bring them with you to the meet. You are responsible for confirming that entries are correct.

Swimmers with disabilities are encouraged to enter the meet. If accommodations are required, it is the coach's responsibility to notify the Meet Director and Meet Referee prior to the entry deadline. If the meet has time standards, contact the Disability Chair for the appropriate time standard to be used.

All Team or individual members entering OSI Championship meets must be in good standing with no outstanding money owed to Oregon Swimming. All payments must be made prior to the meet entry deadline. *Any Team or member who is not in good standing may be denied entry into championship meets.*

Relays: **CANCELED - Due to restricted timeline.**

Check-In: All timed finals and preliminary events will be deck seeded. Failure to compete in an event that the athlete and/or coach has provided positive check-in or did not scratch is subject to penalty and will be out of their remaining events for the day. Swimmers will be allowed to withdraw from preliminary events with a declared false start after the positive check-in deadline.

Positive check-in deadlines are as follows:

Friday timed finals: 15 minutes after the start of warm-ups

Saturday preliminaries: 15 minutes after the start of warm-ups

Sunday preliminaries: 1 hour after the start of Saturday finals session

Any swimmer qualifying for a C, B or A final must scratch or declare their intent to scratch within 30 minutes of the qualifiers announcement, and further declare their final intent within 30 minutes after their last individual preliminary event, or they will be seeded into finals. Failure to compete in a final event for which an athlete has been seeded is subject to penalty and will be out of their remaining events for the meet. Additionally any athlete seeded in a final event on Sunday night, that is a no show, will be subject to a \$100 fine to be paid to OSI by the swimmer's club.

50 Free Shoot-out: CANCELED - Due to restricted timeline.

Entry Fees: \$15 Surcharge per swimmer, \$4 Individual event fee, \$5 Electronic heat sheet fee. Fees paid using the usaswimming.org/OME online entry process.

Meet Director: Ken Lee - meetdirectors@thunderboltswimming.org

Awards: Individual events: 1st-3rd Place Medals
4th-10th Place Ribbons
Team: 1st-3rd Place Plaques
High point: The highest scoring male and female in each individual age group.

Scoring: Individual: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1

Meetings: Coaches meeting will be held at 4:45 PM on Friday, and 7:15 AM on Saturday. If additional coaches meetings are necessary, they will be announced and held 15 minutes prior to the session. Officials meetings will occur at 3 PM Friday, 7:45 AM Saturday & Sunday and 1 hour prior to each finals session.

Time Trials: **Sanction: 22-025** Time Trials Referee: Sheila Lovell-Otterstrom
1 HOUR SESSION
Offered immediately following the final session on Sunday, Entry and fee must be turned in to the clerk of course (\$5/individual and \$10/relay) 1 hour before the projected end of the final session on Sunday. Time trials are available only to those swimmers entered in the meet.

Timers: Swimmers/clubs are responsible for providing their own timers for the 1650 Freestyle.

Meet Results: Hy-Tek file and an HTML file will be posted on the Oregon Swimming website in the results section.

Officials: We always appreciate the help of certified officials. If you are attending this meet please complete the Application to Officiate, this will notify the Meet Referee of your commitment. This meet is designated as a *National Qualifying Meet for Officials (OQM)*. Officials wishing to apply for N2/N3 evaluation are required to submit an application, preferably before the meet start. Early applications are given preference; please complete the [Application to Officiate](#) indicating your request for evaluation/mentorship. For information contact Judi Creech, Oregon Officials Chair at jjjjcreech@comcast.net.

Hospitality: Officials and coaches are invited to enjoy the hospitality provided by Tualatin Hills Swim Club.

Oregon Swimming Time Standards and Download File

[2021-2022 OSI Short course A/B](#)

Swimmers must attain an Oregon Swimming 14 y/o A time between 12/1/2020 and 2/27/2022.

Entry deadline 11:59 am 2/28/2022

2022 OREGON/REGION XII SENIOR CHAMPIONSHIPS ORDER OF EVENTS

Timed Finals Friday March 4, 2022

Warm-ups 3:00 - 3:45 pm Competition 4:00 pm

Start time subject to change. Breaks may be added at the referee's discretion.

Event #	EVENT	Event #
1	1650 Freestyle (y)	2

**2022 OREGON/REGION XII SENIOR CHAMPIONSHIPS
ORDER OF EVENTS**

PRELIMS Saturday March 5, 2022

Warm-ups 7:30 am - 8:45 am Competition 9:00 am

Start time subject to change. Breaks may be added at the referee's discretion.

Event #	EVENT	Event #
3	200 IM	4
5	200 Back	6
7	100 Free	8
9	200 Fly	10
11	100 Breast	12
13	500 Free (z)	14

FINALS Saturday March 5, 2022

Warm-ups 5:00 pm Competition 6:00 pm

Start time subject to change. Breaks may be added at the referee's discretion.

Event #	EVENT	Event #
3	200 IM	4
5	200 Back	6
7	100 Free	8
9	200 Fly	10
11	100 Breast	12
13	500 Free	14

**2022 OREGON/REGION XII SENIOR CHAMPIONSHIPS
ORDER OF EVENTS**

PRELIMS Sunday March 6, 2022

Warm-ups 7:30 am - 8:45 am Competition 9:00 am

Start time subject to change. Breaks may be added at the referee's discretion.

Event #	EVENT	Event #
15	200 Free	16
17	100 Fly	18
19	200 Breast	20
21	50 Free	22
23	100 Back	24
25	400 IM (z)	26

FINALS Sunday March 6, 2022

Warm-ups 4:00 pm - 4:45 pm Competition 5:00 pm

Start time subject to change. Breaks may be added at the referee's discretion.

Event #	EVENT	Event #
15	200 Free	16
17	100 Fly	18
19	200 Breast	20
21	50 Free	22
23	100 Back	24
25	400 IM	26

(y) Timed final event

(z). Prelims heats swum fast to slow in the following order: 1) fastest 3 heats of women circle seeded 2) fastest 3 heats of men circle seeded 3) remaining heats fast to slow, alternating women and men.