

BDST FALL INVITATIONAL

OCTOBER 21 & 22 2023

HELD UNDER THE SANCTION OF USA SWIMMING, INC.

Sanction: 23-094

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Incl, cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be

exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH THE EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Location: Dallas Aquatic Center- 1005 SE Lacreole Dr, Dallas Or 97338

Time: SESSION 1: (October 21, 2023) warm up: 7:30, start: 9:00.

SESSION 2: (October 22, 2023) warm up : 7:30, start: 9:00

Official meeting: Saturday – 8:00 a.m., Sunday– 8:00 a.m.

Coaches meeting: Saturday – 8:45 a.m., Sunday – no meeting

Referee/AO: Matt Beasley matthew.d.beasley@gmail.com

Cali Beasley bdstsecretary@gmail.com

Meet Director: Lisa Hagedorn bdstmeetdirector@gmail.com

Eligibility: Swimmers must be currently registered with USA Swimming. No on deck meet registration shall be permitted.

Facility: Covered indoor 6 LANE 25 yrd pool. Pool depth is 10 ft to 3 ½ ft. The competition course has not been certified in accordance with 104.2.2(c)4.).

Entries: *With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming. Pre-seeded except for 500 and 1000 Free will be deck seeded. (Max of 150 athletes, priority given to those who provide officials, otherwise will be accepted in order received.)*

**SATURDAY : SWIMMERS MAY ENTER [1] RELAYS AND [3]INDIVIDUAL EVENT.
SUNDAY: SWIMMERS MAY ENTER [1] RELAY AND [3] INDIVIDUAL EVENTS.**

All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. *

Fees: **Surcharge: \$3.00**
 Individual Event: \$3.50 per event
 Relay: \$10.00 per relay
 Facility Fee: \$12.00 per athlete
 ENTRIES DUE BY October 10, 2023

Payment: **Payments can be sent to PO Box 1242, Dallas, OR 97338**

Rules/Safety: **Current USA Swimming and Oregon Swimming rules will apply during the meet. Oregon Swimming Safety Guidelines & Warm-up procedure will be in effect and strictly enforced.**
All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Restrictions: **No tobacco products, no alcoholic beverages, no glass containers are allowed. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks during the start of a race or relay exchange. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.**

No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Officials: **Teams shall notify the meet director or meet referee of the availability of officials from their team to work the meet.**

Timers: **Volunteers will be needed from each team.**

Awards: **HIGH-POINT AWARDS GIVEN TO MALE AND FEMALE**

- 8 & under
- 9-12
- 13-14
- 15 & OVER

Hospitality: **Provided for coaches and officials**
 Concessions will be available in the lobby

SESSION 1

EVENT 1	OPEN	400 IM
EVENT 2	8 & UNDER	25 BREAST
EVENT 3	OPEN	100 BACK
EVENT 4	12 & UNDER	100 IM
EVENT 5	12 & UNDER	50 BREAST
EVENT 6	OPEN	200 MEDLEY RELAY
EVENT 7	OPEN	100 BREAST
EVENT 8	8 & UNDER	25 BACK
EVENT 9	OPEN	100 FREE
EVENT 10	OPEN	200 BREAST
EVENT 11	12 & UNDER	25 FLY
EVENT 12	OPEN	500 FREE

SESSION 2

EVENT 13	OPEN	200 FREE RELAY
EVENT 14	OPEN	200 FREE
EVENT 15	8 & UNDER	25 FLY
EVENT 16	OPEN	200 BACK
EVENT 17	8 & UNDER	25 FREE
EVENT 18	OPEN	100 FLY
EVENT 19	12& UNDER	50 BACK
EVENT 20	OPEN	200 IM
EVENT 21	OPEN	50 FREE
EVENT 22	OPEN	200 FLY
EVENT 23	OPEN	1000 FREE

ALL EVENTS ARE MIXED

RELAY TEAMS MAY BE MALE, FEMALE OR MIXED (2 MALE/2 FEMALE)

*** PROVIDE OWN TIMERS FOR THE 500 FREE AND THE 1000 FREE***

DALLAS AQUATIC CENTER RULES/REGULATIONS: We will be running this meet in accordance to the Dallas Aquatic Center rules and regulations.

MEDICAL SUPERVISION:

CPR and first aid certified lifeguards are on duty during warm-ups, competition and cool-down for the entirety of the event. AED devices are available at the main desk of the pool. Lifeguards will call EMTs should a situation require additional medical assistance.

ASSUMPTION OF RISK:

“We have taken enhanced health and safety measures – for all attending the swim meet. You must follow all posted instructions while visiting Dallas Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Dallas Aquatic Center, you voluntarily assume all risks related to exposure to COVID-19.”

ATTESTATION:

In applying for this sanction, the Blue Dolphin Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, Oregon state, City of Dallas and Dallas Aquatic center.

MEET PROTOCOL:

- *Everyone must enter and leave through the front door of the facility.*