

# 2023 Comfort Suites Corvallis – Oregon Senior Open

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Friday-Sunday, December 1- December 3, 2023  
*Held under the approval of USA Swimming, Inc.*

- Approval #'s:** **23-108, 23-109 (Time Trials)**  
In granting this approval, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Sanction:** In applying for this sanction, the Corvallis Aquatic Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, the State of Oregon, and the City of Corvallis.  
In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming, and the Corvallis Aquatic Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Format:** Prelim/Finals meet open to athletes with qualifying times. All relays contested during the Preliminary sessions. Finals Friday-Saturday include A, B and non-scoring C & D finals. Finals Sunday include A, B, and non-scoring C finals.
- Host:** Corvallis Aquatic Team
- Location:** Osborn Aquatic Center; 1940 NW Highland Dr., Corvallis, Oregon 97330  
(541) 766-7946.
- Eligibility:** USA Swimming athletes must have current USA Swimming registrations. NO ON-DECK REGISTRATION SHALL BE PERMITTED. Coaches must display current credentials, including concussion training.
- Entry Deadlines:** Entry acceptance period begins at noon on Wednesday, November 1, 2023. Early entries will not be accepted! Final entry deadline is 5:00 PM, Monday, November 20, 2023.
- Event/Meet Limit:** Three (3) individual events per day, seven (7) events total per meet. Entries may be closed earlier than entry deadline subject to Meet Director/Meet Referee discretion. Teams will be entered on a first-come, first-served basis.
- Entry Fees:** \$17 per swimmer (\$14 facility use fee, \$3 OSI surcharge)  
\$6.00 per individual event  
\$15 per relay event  
Entry fees must be received before the start of the meet. Please send one check per team. Make checks payable to: **CORVALLIS AQUATIC TEAM.**
- Entry Address:** c/o Rhonda Soule, 2035 NW 23rd Street, Corvallis, OR 97330  
Please email the entry file to: [meetdirector@corvallisaquaticteam.org](mailto:meetdirector@corvallisaquaticteam.org)
- Entries:** Submit **yard times** only for seeding. Converted times will be accepted. **Athletes must meet the qualification time standards listed below.** Send entries using Hy-Tek format via email. With submission of entries, USA Swimming coaches/team representatives attest that all athletes entered are registered with USA Swimming.



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**Time Trials:** Time permitting, time trials will be offered on Friday and Saturday following the conclusion of prelims, for individual and relay events up to 800 yards, with the session subject to a 45 minute time limit per day. Time trials shall count toward the three (3) individual event entry limit per day, but not toward the seven (7) individual event limit per meet. To be eligible to compete in time trials, the athlete must be entered in an individual event in the meet. Entries are accepted at Clerk of Course; times will be announced prior to the meet. Athletes are responsible for providing their own timers (and counters, as applicable). Individual entry fee: \$10.00. Relay entry fee: \$15.00.

**Awards:** Individual: Gift cards awarded for top 10 overall points for boys & girls.

**Scoring:** Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

**Check-in Rules:** All individual and relay events shall be deck seeded.

**INDIVIDUAL EVENTS:** Coaches are responsible for positive check-in of athletes for all events by 8:00 am each day.

Athletes will be allowed to withdraw from preliminary events with a declared false start, without additional penalty, after the check-in deadline.

An athlete qualifying for a D, C, B, or A finals race, based upon the results of the preliminaries, shall notify the Clerk of Course within thirty (30) minutes after the announcement of the qualifiers for that race that they may not intend to compete and further declare their final intentions within thirty (30) minutes following the conclusion of their last individual preliminary event. **In addition, and as a courtesy, if an athlete will not be swimming in finals, no matter what their placing, meet management asks for the athlete to scratch from finals with Clerk of Course. This will assist in seeding for finals.**

**RELAY EVENTS:** Coaches are responsible for the positive check-in of relays by 8:00am on the respective day swum. If relays do not check in, they will not be seeded into the event. Relays contested during the Preliminary sessions

**Penalties:** **PRELIMINARY EVENTS:** Any athlete who fails to report to or compete in an individual preliminary event for which he/she was positively checked in shall be barred from his/her next preliminary individual event.

**FINAL EVENTS:** Any athlete who fails to report to or compete in an individual final event for which they previously qualified shall be removed from any subsequent final events for the remainder of the session, and from their preliminary individual events for the following day. In addition, they will be required to provide positive check-in for preliminaries for any subsequent days of the meet.

**RELAY EVENTS:** Any relay team entered in a relay event that fails to compete in that event shall not be penalized.



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**Preliminary Seeding:** All events will be deck seeded. All events except for #9 & #10 (500 Free), #19 & #20 (400 IM), and #29 & 30 (1000 Free) will be swum slowest to fastest.

Preliminaries of the 500 Free and 400 IM will be swum as follows: 1. Fastest four heats of girls; 2. Fastest four heats of boys; 3. Remaining heats fastest to slowest, alternating girls and boys. A combined girls/boys heat may be swum at discretion of meet management.

The fastest 8 seeds of events the 1000 Free will be swum at the start of finals with the remaining heats in preliminaries, fast to slow, alternating girls and boys. A combined girls/boys heat may be swum at discretion of meet management.

**Meetings:** Officials' meeting will be held one hour prior to the start of prelims and finals. Coaches' meeting will be held 15 minutes prior to the start of prelims.

**Facility:** Competition Pool: Eight lanes, 7-ft, 25-yd lanes, 30-in. tilted blocks. Depth: 13 ft. start end to 6ft. The competition course has not been certified in accordance with 104.2.2 C(4).

**Warm-up Pool:** Shallow end of 8 lane, 50 meter pool (east of bulkhead) and 6 lane, 25 meter outdoor pool will be open for continuous warm-up/cool-down.

**Seating:** Air-conditioned, sound insulated, balcony seating for 270; plus deck seating on north and east sides of the pool. Athletes, coaches, and authorized meet personnel only are allowed in the marked competition area on the south and west sides of the pool. Spectator, athlete, volunteer and coach access will be through the front lobby of the building.

**Timing:** Daktronics timing system, horn start, and finish touch pads. Results via electronic scoreboard. Names will appear as received in meet entries.

**Pool Hours:** The facility will be open from 7:00 AM until 30 minutes following the conclusion of the meet each day.

<b>Meet Referee:</b>	Bill Shreeve	Email: <a href="mailto:billshreeve1@gmail.com">billshreeve1@gmail.com</a>
<b>Admin Referee:</b>	Chad Vassallo	Email: <a href="mailto:chad.vassallo@frontier.com">chad.vassallo@frontier.com</a>
<b>Admin Official:</b>	Aimee Dhakhwa	Email: <a href="mailto:abcdhakhwa@comcast.net">abcdhakhwa@comcast.net</a>
<b>Meet Director:</b>	Rhonda Soule'	Email: <a href="mailto:meetdirector@corvallisaquaticteam.org">meetdirector@corvallisaquaticteam.org</a>

**Officials:** We always appreciate the help of certified officials from other clubs. If you will be attending, please notify the meet referee at [billshreeve1@gmail.com](mailto:billshreeve1@gmail.com). Uniform is white over black, long trousers/slacks or skirts for Finals. Hospitality will be provided for coaches and officials.

**Rules:** Current USA Swimming and Oregon Swimming Inc., including the Minor Athlete Abuse Prevention Policy ("MAAPP"), rules will govern this meet.

**Safety:** Current Oregon Swimming Safety Guidelines and warm-up procedures will be in effect and strictly enforced.

Any USA Swimming athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.



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- Medical:** Emergency Services include: Facility AED/Lifeguards. Local off-site EMS/911.
- MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- Restrictions:** Tobacco products of any kind, alcohol beverages and glass containers are not allowed in the swimming venue. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks. Operations of a drone, or any other flying apparatus, are prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Timers:** Each team will be given lane-timing assignments. Sign-ups will be available behind the competition area. Those athletes traveling with their teams and few adult spectators are encouraged to assist with finals timing if not competing.
- Concessions:** Snacks including bagels, energy bars, etc. and drinks sold throughout the meet.
- Camping:** NO OVERNIGHT CAMPING. Multiple parking lots, shared with an adjacent school, are available for RVs for day use only. Camping is available at Benton County Fairgrounds (541) 757-1521, and KOA Campground off Hwy. 34 (541) 967-8521.

## Warm-Ups:

Day	Session	Warm Up Time	Competition	Check in by
Friday	Prelims	7:30 - 8:45 AM	9:00 AM	8:00 AM Fri
Saturday	Prelims	7:30 - 8:45 AM	9:00 AM	8:00 AM Fri
Friday-Saturday	Finals	5:00 PM	6:00 PM	N/A
Sunday	Prelims	7:30 - 8:45 AM	9:00 AM	8:00 AM Fri
Sunday	Finals	2:30 PM	3:30 PM	N/A

Warm-ups and competition times for Fri/Sat/Sun Finals subject to change depending on entries. Any changes will be posted on the CAT website prior to the meet. [www.corvallisatleticteam.org](http://www.corvallisatleticteam.org)



# 2023 Comfort Suites Corvallis – Oregon Senior Open

## Order of Events

### FRIDAY AM - DECEMBER 1, 2023

Warm Up: 7:30 AM Prelims: 9:00 AM

Girls	Event	Boys
1	Open 200 Fly	2
3	Open 100 Breast	4
5	Open 100 Free	6
7	Open 200 Medley Relay	8
9	Open 500 Free (a)	10

(a) Events #9-10 will be swum as follows: 1. Fastest four heats of girls; 2. Fastest four heats of boys; 3. Remaining heats fastest to slowest, alternating girls and boys. A combined girls/boys heat may be swum at the discretion of meet management.

### SATURDAY AM – DECEMBER 2, 2023

Warm Up: 7:30 AM Prelims: 9:00 AM

Girls	Event	Boys
11	Open 200 Back	12
13	Open 100 Fly	14
15	Open 200 Free	16
17	Open 200 Free Relay	18
19	Open 400 IM (b)	20

(b) Events #19-20 will be swum as follows: 1. Fastest four heats of girls; 2. Fastest four heats of boys; 3. Remaining heats fastest to slowest, alternating girls and boys. A combined girls/boys heat may be swum at the discretion of meet management.

### SUNDAY, DECEMBER 3, 2023

Warm Up: 7:30 AM Competition: 9:00 AM

Girls	Event	Boys
21	Open 200 IM	22
23	Open 100 Back	24
25	Open 50 Free	26
27	Open 200 Breast	28
29	Open 1000 Free (c)	30

(c) Note: Events #29-30 will be timed final events and deck seeded. The fastest 8 seeds in each event will be swum at the start of finals on Sunday. The remaining heats will be swum during prelims, fastest to slowest, alternating girls and boys. A combined girls/boys heat may be swum at the discretion of meet management. Athletes in the 1000 must provide their own timers and a counter.



**Qualifying Time Standards**

<b>Girls</b>		<b>Boys</b>
<b>SCY</b>	<b>Event</b>	<b>SCY</b>
26.79	50 Freestyle	25.19
58.59	100 Freestyle	54.89
2:07.89	200 Freestyle	1:59.79
5:50.99	500 Freestyle	5:35.39
12:06.59	1000 Freestyle	11:40.89
1:05.99	100 Backstroke	1:03.69
2:23.09	200 Backstroke	2:20.09
1:15.89	100 Breaststroke	1:11.09
2:47.29	200 Breaststroke	2:36.29
1:06.39	100 Butterfly	1:02.19
2:33.89	200 Butterfly	2:29.49
2:25.09	200 Individual Medley	2:18.09
5:15.29	400 Individual Medley	4:53.79

