

**2024 BIG KAHUNA OPEN**  
**(A/B/C Age Group)**  
**August 2-4, 2024**

**HELD UNDER THE SANCTION OF USA SWIMMING**

- SANCTION NO:** **24-080**  
In granting this sanction, it is understood and agreed that USA swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. In applying for this sanction, the Gold Coast Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA, Oregon, the State of Oregon, and the City of Coos Bay.
- HOST TEAM:** **GOLD COAST SWIM TEAM**
- LOCATION:** Mingus Park Pool  
725 N. 10<sup>th</sup> St.  
Coos Bay, OR 97420  
(541) 267-1360
- MEET REFEREE:** Fran Hart, (541) 746-2953, [hartfran@hotmail.com](mailto:hartfran@hotmail.com)
- MEET DIRECTOR:** Carrie Fields, (541) 218-6340, [gcstboard@gmail.com](mailto:gcstboard@gmail.com)
- ADMIN. OFFICIAL:** Norm Hart (541) 746-2953 [normanhart@msn.com](mailto:normanhart@msn.com)
- ELIGIBILITY:** Swimmers must be currently registered with USA swimming (Article 302). **NO ON DECK REGISTRATION SHALL BE PERMITTED.** Refunds will not be given for scratches. Swimmer age group will be determined by the swimmer's age as of August 2, 2024.
- ENTRY ADDRESS:** Carrie Fields: Meet Entries  
P.O. Box 1103  
Coos Bay, Oregon 97420  
Email: [gcstboard@gmail.com](mailto:gcstboard@gmail.com)
- ENTRY LIMIT:** Each swimmer may enter a maximum of three individual events on Saturday and Sunday. There is no limit to how many relays a swimmer may enter during the meet. We will continue to adhere to the 4-hour rule during the meet as well.
- ENTRY DEADLINE:** **Entries will be accepted starting June 1, 2024. Entries must be received or postmarked no later than midnight, July 22, 2024.**
- ENTRY FEES:** \$3.00 per swimmer surcharge  
\$5.00 per individual event  
\$12.00 per relay event  
\$15.00 Facility charge per swimmer
- PAYMENT:** **Make one check per team payable to Gold Coast Swim Team.** Checks must be sent with a master entry form.

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- ENTRIES:**
- 1) Submit YARD TIMES only for seeding No Times are acceptable.
  - 2) Submit entries by email using HYTEK meet management software. Please include a PRINTOUT of your entries listed by athlete. Please be sure that the printout matches your entry file.
  - 3) Any swimmer entered in the meet must be certified by a USA swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**\* With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA swimming.**

**SEEDING:** Seeding will be done according to USA Swimming rules. All events will be seeded according to the time entered on the Master Entry form. Enter **YARD TIMES** only. All events will be timed finals, no preliminary heats.

## **STARTING &**

**WARM-UP TIMES:** Friday, August 2: Warm-ups 12:00pm; Timed finals 2:00pm  
Saturday, August 3: Warm-ups 8:30am; Timed finals 10:00am  
Sunday, August 4: Warm-ups 7:30am; Timed finals 9:00am

**CHECK-IN:** Coach packets will be available from the clerk of course. Current credentials will be required. Entry fees **MUST** be paid prior to the packet being released.

**MEETINGS:** Officials Meeting: Held 45 minutes prior to the start of the session.  
Coaches Meeting: Held 15 minutes prior to the start of the session.

**OFFICIALS:** Each team is strongly encouraged to furnish officials. A list of officials (timers, starters, stroke & turn judges, etc.) planning to attend along with your Master Entry Form is appreciated. A schedule will be created to avoid anyone having to work longer than necessary. Your help will be greatly appreciated. The uniform for officials will be white over black and black shoes and socks. Officials and coaches shall display USA Swimming credentials with current certification when on deck. We encourage each official to also bring their favorite Hawaiian shirt to wear on deck.

**TIMERS:** Each team will be given lane-timing assignments. Sign-up sheets will be emailed to each team to fill lanes BEFORE the first day of the meet. If there are not enough timers available during this meet, swimmer's times may not be protected. Six additional timers will be needed for each 8 & under 25-yard event.

**AWARDS:** Individual: Ribbons will be awarded for 1<sup>st</sup>-12<sup>th</sup> place. Relays: Ribbons will be awarded for 1<sup>st</sup> – 6<sup>th</sup> place. Heat winners will receive a Hawaiian Lei.

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- SCORING:** Individual: 16,13,12,11,10,9,7,5,4,3,2,1 point. Event placing will be broken out by age group (8 & under, 9-10-, 11-12, 13-14, 15 & Over). Relays: 14,10,8,6,4 and 2 for places 1<sup>st</sup> – 6<sup>th</sup>.
- BULL PEN:** A bullpen will be provided for all 8 & Under swimmers, on Saturday and Sunday for individual events only. All other swimmers shall report directly to their assigned lanes.
- TECH SUITS:** No Technical Suit may be worn by 12 & Under by a USA Swimming athlete member in a competition at any sanction, approved or observed meet.
- SAFETY:** Oregon Swimming Safety Guidelines and warm-up procedures will be in effect and enforced. Gold Coast Swim Team, The Mingus Park Pool Management and the City of Coos Bay are not responsible for accidents or losses occurring during this meet. Compliance with all USA Swimming, Oregon Swimming, State of Oregon, and City of Coos bay safety measures.
- MEDICAL:** Medical facilities available include lifeguards, an AED and 911 EMS.
- MAAP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- FACILITY:** Outdoor heated pool, 25 yards, 6 lanes, deep end starts. Electronic timing with touchpad finish. Pool depth at the start end is 5'0" and 3'6" at turn end. The competition course has not been certified in accordance with 104.2.2c (4). There is no separate warm-up cool-down pool. Concessions will be available throughout the meet.
- LODGING:** GCST and the City of Coos Bay, in conjunction with Mingus Park will also allow tent camping in the park this year\*. The bath house will be open from 5:00am to midnight. More lodging information can be found at our Chamber of Commerce website [www.oregonsbayareachamber.com](http://www.oregonsbayareachamber.com), or by calling them at (541) 269-0215.
- CAMPING:** **THERE WILL BE NO RV PARKING ANYWHERE IN THE POOL PARKING LOT OR THE LOWER STAGE AREA.** RVs and campers will need to use the softball field parking lot located southeast of the pool. There are restrooms and a pathway that connects to the park for easy access to the pool house (within a block).

\*Campers who will be camping on site at the park may not set up any time prior to 5pm on Thursday August 1, 2024.

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**RESTRICTIONS:** Cell phones or other recording devices are not allowed behind the blocks. No animals allowed inside the venue. Tobacco products of any kind, alcoholic beverages and glass containers are not allowed in the swimming venue. Shaving is not allowed in the venue. Use of changing areas, restrooms, or locker rooms, is limited to swimmers only. Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker room or other designated areas is prohibited. Operations of a drone or other flying apparatus is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open-ceiling locker room) any time athletes, coaches, officials, and other spectators are present.

**SPECIAL  
EVENTS:**

**SATURDAY:** Directly following the meet on Saturday, we will run some un-sanctioned swimming events:

1. Crazy hat kickboard relays-open/mixed age, 4-person, 100yd relay
2. A 4-person, mixed parent/coach, t-shirt relay

**SUNDAY:**

Raffle drawings: all raffle drawing winners will be announced prior to the conclusion of the meet.

**Please join us in our traditional “Hawaiian Style” theme.  
We look forward to seeing you!**

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## FRIDAY 8/2/2024 WARM-UPS 12:00 PM AND TIMED FINALS 2:00PM

1. MIXED 12 & UNDER 100 IM
2. MIXED 13 & OVER 100 IM
3. MIXED 12 & UNDER 50 BACKSTROKE
4. MIXED 9 & OVER 200 FREESTYLE
5. MIXED 11 & OVER 1650 FREESTYLE

## SATURDAY 8/3/2024 WARM-UPS 8:30AM AND TIMED FINALS 10:00AM

6. MIXED OPEN 100 FREESTYLE
7. MIXED 12 & UNDER 50 BUTTERFLY
8. MIXED 8 & UNDER 25 BUTTERFLY
9. MIXED 9-12 100 BUTTERFLY
10. MIXED 13 & OVER 100 BUTTERFLY
11. MIXED 12 & UNDER 50 BREASTSTROKE
12. MIXED 8 & UNDER 25 BACKSTROKE
13. 8 & UNDER 100 FREESTYLE RELAY
14. MIXED 13 & OVER 200 FREESTYLE RELAY
15. MIXED 12 & UNDER 200 FREESTYLE RELAY
16. MIXED 13 & OVER 500 FREESTYLE

\*After the completion of sanctioned events, please join us for the crazy hat kickboard and the parent/coaches relay

## SUNDAY 8/4/2024 WARM-UPS 7:30AM AND TIMED FINALS 9:00AM

17. MIXED 8 & UNDER 25 FREESTYLE
18. MIXED OPEN 50 FREESTYLE
19. MIXED 11 & OVER 200 BUTTERFLY
20. MIXED 9-12 100 BACKSTROKE
21. MIXED 13 & OVER 100 BACKSTROKE
22. MIXED 8 & UNDER 25 BREASTROKE
23. MIXED 9-12 100 BREASTROKE
24. MIXED 13 & OVER 100 BREASTROKE
25. MIXED 9-12 200 IM
26. MIXED 13 & OVER 200 IM
27. MIXED 8 & UNDER 100 MEDLEY RELAY
28. MIXED 12 & UNDER 200 MEDLEY RELAY
29. MIXED 13 & OVER 200 MEDLEY RELAY