## 2024 Mike Morris Memorial Invitational (A/B/C Senior/Age Group) <br> June 14-15-16, 2024 <br> Held under the sanction of USA Swimming <br> Sanction \# 24-074

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

| HOST TEAMS: | Cottage Grove Aqua Lions, Emerald Aquatics, Eugene City Swim Club, in cooperation with Eugene Parks \& Recreation Dept. |
| :---: | :---: |
| LOCATION: | Amazon Pool <br> 2600 Hilyard Street <br> Eugene, Oregon 97405 <br> (541) 682-5350 (pool phone during meet only) |
| MEET REFEREE: | Fran Hart hartrfran@hotmail.com |
| MEET DIRECTOR: | Rhonda \& Allee Reed mostmeetdirector@gmail.com |
| ADMIN. OFFICIAL: | Mike Reed reed854fin@gmail.com |
| ELIGIBILTY: | Swimmers must be currently registered with USA Swimming. NO ON DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of June 14, 2024. Only swimmers of invited teams are eligible. |
| ENTRY ADDRESS: | Rhonda \& Allee Reed <br> PO Box 51022 <br> Eugene, OR 97405 <br> Email: mostmeetdirector@gmail.com <br> ***PLEASE DO NOT TAKE ENTRIES TO THE POOL*** |
| ENTRY DEADLINE: | Entries open on Wednesday May 15, 2024 and MUST BE RECEIVED by Midnight on Tuesday June 4, 2024. |
| ENTRY LIMITS: | Swimmers may enter a maximum of three individual events Friday and three individual events and one relay Saturday and Sunday. We will adhere to the Four-Hour Rule for 12 \& Under Events. <br> The following events will be deck seeded: <br> - ALL events 200 meters and longer will be deck seeded and MAY be limited to the fasted 32 times, except the 800 and 1500, which MAY be limited to the fastest 24 times. <br> - All 800 \& 1500-meter events will be swum fastest to slowest. The 1500's MAY be swum 2 per lane. Swimmers will need to provide their own counters and two timers. All swimmers in deck-seeded events (or swimmer representative) must check in with the clerk of the course $\mathbf{3 0}$ minutes prior to the start of each session. |
| ENTRY FEES: | \$19.00 Facility Surcharge per swimmer <br> \$3.00 Oregon Swimming, Inc. surcharge per swimmer <br> $\$ 6.50$ per Individual event <br> $\$ 14.00$ per Relay entry <br> Entry fees MUST accompany master entry form. <br> Make checks payable to Mid Oregon Swimming |


| ENTRIES: | 1) Submit LONG COURSE METER TIMES only for seeding. NT's are acceptable |
| :--- | :--- |
| 2) Submit entries by email using HYTEK meet management software. Please include a |  |
| PRINTOUT of your entries, listed by Athlete. Be sure the printout matches the entry file. |  | | 3) Any swimmer entered in the meet must be certified by a USA Swimming member |
| :--- |
| coach as being proficient in performing racing starts or must start each race from within |
| the water. When unaccompanied by a member-coach, it is the responsibility of the |
| swimmer or the swimmer's legal guardian to ensure compliance with this requirement. |


| TIMES: | Friday: | Warm-Ups: 3:45pm | Finals 5:00pm. |
| :--- | :--- | :--- | :--- |
|  | Saturday: | 12\&U Warm-Ups 8:30am | Finals 9:45am |
|  |  | 13\&O Warm-Ups TBA | Finals TBA |
|  | Sunday: | 12\&U Warm-Ups 8:00am | Finals 9:15am |
|  |  | 13\&O Warm-Ups TBA | Finals TBA |

## *NOTE: Unless otherwise announced, warm-ups for the afternoon session will be no later than 1 hour after the end of the morning session.

| CHECK-IN: | Coaches' packets will be available in the Meet Office. Current credentials will be <br> required. |
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| MEETINGS: | OFFICIALS: Held 45 minutes before the start of each session. <br> COACHES: Held 15 minutes before the start of each session. |
| OFFICIALS: | We always appreciate the help of certified officials from other clubs. If you will be <br> attending this meet, please notify the meet referee. An official's hospitality room will be <br> provided. |

## OFFICIALS CLINIC: TBA.

## TIMERS:

## AWARDS:

Each team will be given lane-timing assignments. Sign-up sheets will be emailed to each team to fill lanes BEFORE the first day of the meet.

12 \&under: $\quad \underline{\text { Individual: }} 1^{\text {st }}-8^{\text {th }}$ place ribbons within the age groups of (8\&U), (9-10), (11-12)
Relays: $1^{\text {st }}-8^{\text {th }}$ place ribbons per event (not age groups).
13 \& Over: $\quad \frac{\text { Individual: }}{} \quad$ NO AWARDS
High Point Awards: Will be given to girl and boy in each age group (8\&U), (9-10), (1112), (13-14), (15-16) \& (17\&O).

Marta Hogard Award: Most Inspirational Swimmer. Nominations and voting done by Coaches and officials.
*Note: Relays will not be scored for High Points

Scoring: Individual: 20-17-16-15-14-13-12-11
BULLPEN:
RULES:
SAFETY: Current Oregon Swimming Safety Guidelines and Warm-up procedures will be in effect and strictly enforced.

FACILITY: The competition course has not been certified in accordance with 104.2.2C(4). Outdoor 50 -meter pool with 8 lanes ( 7 feet per lane) with non-turbulent lane lines. Automatic timing systems with touch pads and backup buttons. Swim venue includes Men's \& Women's locker rooms with access onto pool deck. Facility is accessible to adaptive swimmers

VENDORS:
Concession stand is open throughout the meet. T-shirt vendor (Hot Tee's) will be on site.

## CAMPING:

## RESTRICTIONS:

Medical:
The Facility will provide medical supervision to athletes in the form of lifeguards, Oxygen and an AED.

COVID-19:
NO Overnight RV camping in the pool parking lots or parking lots adjacent to the pool. No parking or overnight camping will be allowed at Roosevelt Middle School. Tent camping is NOT allowed at or near the venue. There are several campgrounds in the Eugene area available for larger RVs or tents. Please contact one of the following for additional camping information: Travel Lane County 1-800-547-5445 or online at http://www.eugenecascadescoast.org; Lane County Parks 541-682-2000; Eugene Camping World and RV Park 541-343-4832.

NO ANIMALS ALLOWED INSIDE THE VENUE. TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES, AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. SHAVING IS NOT ALLOWED IN THE VENUE. USE OF AUDIO/VIDEO RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS. EXCEPT WHERE VENUE FACILITIES REQUIRE OTHERWISE, CHANGING INTO OR OUT OF SWIMSUITS OTHER THAN IN THE LOCKER ROOM OR OTHER DESIGNATED AREAS IS PROHIBITED. CELL PHONES OR OTHER RECORDING DEVICES ARE NOT PERMITTED BEHIND THE BLOCKS. OPERATIONS OF A DRONE OR ANY OTHER FLYING APPARATUS IS PROHIBITED OVER THE VENUE (POOL, ATHLETE/COACHES AREAS, SPECTATOR AREAS AND OPEN-CEILING LOCKER ROOMS) ANY TIME ATHLETES, COACHES, OFFICIALS AND/OR SPECTATORS ARE PRESENT.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, OREGON SWIMMING INC, CITY OF EUGENE PARKS AND RECREATION DISTRICT, AMAZON POOL, MID-OREGON SWIMMING AND TIMING (MOST), COTTAGE GROVE AQUA LIONS, EMERALD AQUATICS, EUGENE CITY SWIM CLUB, RIVER ROAD SWIM CLUB AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER
REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. Local Covid Protocols: Currently there are no requirements related to covid 19 for this facility. We ask that individual's distance and mask at their own comfort level and that those decisions are respected by all in attendance.

# 2022 Mike Morris Memorial Invitational 

June 14, 15, 16, 2024
A/B/C Age Group Meet

ORDER OF EVENTS
FRIDAY, June 14 ${ }^{\text {th }}$
Warm Ups 3:45pm Timed Finals 5:00pm
Mixed Girl's Boy's Event

Event \#
1 13\&O 100m BR
2 Open 200m FR
3
13\&O 100m FL

SATURDAY, June 15 ${ }^{\text {th }}$

## 12 \& U Session

Warm Ups @ 8:30 am Timed Finals @ 9:15 am

| Mixed | Girl's | Boy's | Event |  |
| :---: | :---: | :---: | :---: | :---: |
| Event \# | Event \# | Event \# |  |  |
| 4 |  |  | 12\&U | 50m FR |
| 5 |  |  | 12\&U | 50m BA |
| 6 |  |  | 12\&U | 50m BR |
| 7 |  |  | 12\&U | 50m FL |
|  |  | Break-15 minutes |  |  |
|  | 8 | 9 | 12\&U | 200m FR-R |
| 10 |  |  | 12\&U | 200 IM |

13 \& Over Session
Warm Ups @ TBA Timed Finals @ TBA

| Mixed | Girl's | Boy's | Event |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 11 |  |  | $\begin{aligned} & \text { 13\&O 50m FREE } \\ & \text { Break 15-minutes } \end{aligned}$ |  |  |
|  |  |  |  |  |  |
| 12 |  |  |  | 13\&0 | 100m BACK |
| 13 |  |  |  | 13\&0 | 400 IM |
|  | 14 | 15 |  | 13\&0 | 200m M- R |
| 16 |  |  |  | 13\&O | 200m BR |
| 17 |  |  |  | 1380 | 400m FR |

## 12 \& U Session

Warm Ups @ 8:00 am Timed Finals @ 9:15 am

| Mixed | Girl's | Boy's | Event |
| :---: | :---: | :---: | :---: |
| Event \# | Event \# | Event \# |  |
| 18 |  |  | 12\&U 100m BR |
| 19 |  |  | 12\&U 100m BA |
| 20 |  |  | 12\&U 100m FR |
| 21 |  |  | 12\&U 100m FL |
|  | 22 | 23 | 12\&U 200m M-R |
| 24 |  |  | 12 \&U 400 FR |

## 13 \& Over Session

Warm Ups @ TBA Timed Finals @ TBA

Mixed Girl's Boy's Event
Event \# Event \# Event \#

25
26
29
30
31

13\&O 100 FR
13\&O 200 IM
13\&O 200m FR-R 21
13\&O 200m BA
13\&O 200m FL
13\&O 800m FR

