

Corvallis Aquatic Team  
**W.L. Construction - CAT Spring Invite**

March 9-10, 2024

Held under the sanction of USA Swimming, Inc.

**Sanction #:**

24-034

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**MAAPP:**

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**Host:**

Corvallis Aquatic Team

**Host Facility:**

Osborn Aquatic Center, 1940 NW Highland Dr., Corvallis OR 97330

**Invited Teams:**

Corvallis Aquatic Team, Albany Aquatics, Bend Swim Club, Hillsboro Swim Team, Multnomah Athletic Club, Redmond Aquatic Club, Stayton Manta Rays, Storm Aquatics, Tillamook Y, Toledo Tidal Waves, Tualatin Hills Swim Club, Newport ST.

**Eligibility:**

Swimmers must currently be registered with USA Swimming. Swimmers must be within entered age brackets as of March 9, 2024. Only swimmers from invited teams are eligible.

**Entry Deadline:**

Entries will open at noon on Thursday, February 15, 2024. Teams are encouraged to enter meet as soon as possible to ensure entries are accepted. Final entries must be received no later than 5 pm on Thursday, February 29, 2024, No late entries or on-deck registration will be permitted.

**Entry Limit:**

Swimmers may enter a maximum of four events per day on Saturday and three events per day on Sunday. Swimmers with “A” times should be entered in those events as **exhibition swimmers**. Exhibition swims will count toward the entry limit.

**Meet Format:**

All events will be swum mixed gender as timed finals. Heats of events 1 & 2 will be swum fastest to slowest. All other events will be swum slowest to fastest.

**Meet Specifics:**

The Saturday morning session will be limited to two hours. The Saturday afternoon and Sunday sessions will be subject to the four hour rule.

The Saturday morning session (200 IM and 500 free) will be deck seeded and scored 14&Under and 15&Over. Coaches are responsible for providing a positive check-in of swimmers by 7:45 am on Saturday. The Saturday afternoon and Sunday session will be pre-seeded.

**Entry Fees:**

\$17/swimmer (\$3 OSI surcharge, \$14 facility fee)  
\$4.50 Individual entry fee per event

Please make checks payable to Corvallis Aquatic Team and send to: CAT Spring Invite Meet Entries, c/o Rhonda Soule, 2035 NW 23rd Street, Corvallis, OR 97330

**Entries:** Please submit a Hytek entry file to [meetdirector@corvallisaquaticteam.org](mailto:meetdirector@corvallisaquaticteam.org) . Submit yard times only. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.

**Facility:** Competition Pool–8 lanes, 7-ft, 25-yd lanes, 30-in tilted blocks. Depth: 6 ft to 13 ft. Warm-up Pool–Shallow end east of bulkhead, 3 1/2 ft to 6 ft. The facility will ensure that the course dimensions are as stated in the meet information.

**Seating:** Air-conditioned, sound insulated, balcony seating for 270. No spectators in the competition area except meet volunteers and lane timers. Only those parents who are timing are allowed in the marked competition area. Spectators may access the balcony through the front lobby.

**Timing:** Daktronics timing system, horn start, and finish touch pads. Results via electronic scoreboard. Names will appear as received in meet entries.

**Pool Hours:** The facility will be open to meet participants and spectators from 7:00 am until the conclusion of the morning session on Saturday. **No meet participants or spectators are allowed in the facility between sessions on Saturday, except in the balcony and lobby areas.** The facility will reopen to meet participants and spectators from 1:00 pm until the conclusion of the meet on Saturday and from 7:00 a.m. until the conclusion of the meet on Sunday.

<b><u>Times:</u></b>	<u>Warm-ups</u>	<u>Competition</u>
Saturday am	7:30 am	8:30 am
Saturday pm	1:30 p.m.	2:30 p.m.
Sunday	7:30 a.m.	8:30 a.m.

**Rules:** Current USA Swimming and Oregon Swimming Inc., rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

**Safety:** Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**Medical:** Medical facilities available include lifeguards, an AED, and community 911 EMS.

- Restrictions:** No glass containers, tobacco products, or alcoholic beverages are allowed in the pool facility.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Photography of any kind is prohibited behind the blocks. Deck changing is prohibited. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- The competition area is limited to athletes entered in the meet, coaches with athletes entered in the meet, meet staff, and meet officials.
- Bullpen:** A bullpen will be provided for the 8 & Under events. All other swimmers shall report directly to their assigned lanes.
- Awards:** Prizes will be awarded to the top finisher in each heat. 1<sup>st</sup>-16<sup>th</sup> place ribbons will be awarded in each event by age group and gender.
- Meetings:** Officials meeting will be held approximately 60 minutes prior to the start of the meet. Coaches meeting will be 15 minutes prior to the start of the meet.
- Meet Referee:** Jack Burnett      [jhacjack@comcast.net](mailto:jhacjack@comcast.net)
- Admin Official:** Aimee Dhakhwa
- Meet Director:** Rhonda Soule'      [meetdirector@corvallisquaticteam.org](mailto:meetdirector@corvallisquaticteam.org)
- Officials:** **Teams shall notify the meet director or the meet referee of the availability of officials from their team to work the meet.** A hospitality room will be provided. The uniform for officials will be white over black, with black shoes and socks. Officials and Coaches shall display USA Swimming credentials with current certification when on deck.
- Timers:** Each team will be given lane-timing assignments. Sign-ups will be behind the blocks in the competition area.
- Camping:** No OVERNIGHT CAMPING - multiple parking lots, shared with adjacent school, are available for RVs for day use only. There are no outside toilet facilities. Camping is available at Benton County Fairgrounds, (541) 757-1521, and KOA Campground off Hwy. 34, (541) 967-8521.
- Concessions:** Concessions will be available throughout the meet.

**2024 W.L. Construction  
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Order of Events**

**Saturday, March 9 – Session 1**

<b><u>Event #</u></b>	<b><u>Event Description</u></b>
1	Open 200 IM
2	Open 500 Free

**Saturday, March 9 – Session 2**

<b><u>Event #</u></b>	<b><u>Event Description</u></b>
3	8 & Under, 9-10, 11-12 100 IM
4	8 & Under 25 Back
5	10 & Under, 11-12, 13 & Over 100 Back
6	8 & Under, 9-10, 11-12 50 Fly
7	Open 200 Fly
8	8 & Under 25 Free
9	8 & Under, 9-10, 11-12, 13 & Over 100 Free
10	8 & Under, 9-10, 11-12 50 Breast
11	Open 200 Breast

**Sunday, March 10 – Session 3**

<b><u>Event #</u></b>	<b><u>Event Description</u></b>
12	Open 200 Free
13	8 & Under, 9-10, 11-12, 13 & Over 50 Free
14	8 & Under 25 Breast
15	10 & Under, 11-12, 13 & Over 100 Breast
16	8 & Under, 9-10, 11-12 50 Back
17	Open 200 Back
18	8 & Under 25 Fly
19	10 & Under, 11-12, 13 & Over 100 Fly