

**RYST Otter Open
ABC Sr/AG Meet
SCY July 27-28, 2024**

Sanction Number: 24-093
BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Host: Roseburg Y Swim Team

Location: Umpqua Community College
1140 Umpqua College Rd.
Roseburg, OR 97470

Directions: Take I-5 to exit #129 (5 miles north of Roseburg) Follow signs to UCC

Meet Referee: Mike Shaw mshaw7500@gmail.com

AO: Cali Beesley Cali3674@gmail.com

Meet Director: Kaitlin Weaver ilylala1810@icloud.com

Eligibility: Swimmers must be currently registered with USA Swimming. NO ON-DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of the first day of the meet. Seasonal and adaptive swimmers are welcome.

Entry Deadline: Entry acceptance period begins Monday, June 19th, 2024 at NOON. **No early entries please – they will not be accepted.** Final entry deadline is Wednesday, July 12th, 2024. For additional information, please contact Christy Todd, Entry Chairpers momof5todds@yahoo.com. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.

Meet Limit: Athlete number will be limited by the 12 & UNDER 4-hour timeline rule.

Entry Limit: Each swimmer is limited to 4 individual events and 1 relay per day.

Entry Fees: \$5.00 per individual event
\$12.00 per relay event
\$18.00 Facility use fee
\$3.00 Oregon Swimming surcharge per swimmer
No fee refund for scratched events
Make checks payable to YMCA of Douglas County. Memo: RYST Otter Open.

Entry Address: Roseburg Y Swim Team
% Christy Todd

1151 NW Stewart Pkwy
Roseburg, OR 97471
momof5todds@yahoo.com

- Entries: 1. Submit yard times only for seeding. This is an A/B/C meet. No time standards are applicable.
2. Meet Manager/Hy-Tek software will be used. Please submit entries on a Hy-/Tek software formatted disk and entry summary.
3. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.
4. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member/coach, it is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with the requirement.
- Check-in: All events will be pre-seeded. Coaches need to inform the meet referee of any scratches prior to warm-ups of each session.
- Events: All events are timed finals. Swimmers must provide their own timers and lap counters for the 500 Free and longer races.
- Facility: 25 yard OUTDOOR pool; six 7-foot lanes; non-turbulent lane lines; 4½ foot entry depth; diving pool for warm-up and cool-down. The depth for the starting on 2nd and 4th relay swimmers will be 3'3", requiring in-the-pool starts for 100 yard relays.
- THE COMPETITION COURSE HAS NOT BEEN CERTIFIED IN ACCORDANCE WITH 104.2.2C(4).
- Rules: Current USA Swimming and Oregon Swimming, Inc. rules will govern this meet. Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The Roseburg Y Swim Team is held responsible for the UCC facility. Please keep your swimmers in the pool area. All other buildings are off limits. **UCC policy requires that all pets be restricted to the parking lot and the walking trails to the river (west of the pool). No camping allowed on the UCC grounds.** No playing of radios will be allowed in the upper deck or pool area. No alcohol, glass containers, or tobacco products will be allowed. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Photography is not allowed behind the blocks during starts and relay exchanges. Deck changing is prohibited. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Time Schedules: **Saturday and Sunday Sessions**
Warm-ups: 10:00-11:00 AM (RYST only 9:00-10:00AM)
Timed Finals: 11:15 AM
- Breaks will be inserted at discretion of referee as time permits.
- Bullpen: There will be a bullpen for all 8&U individual events. There will be NO bullpen for relays.
- Awards: Ribbons for 1st through 12th place in each individual event; all event places

determined separately (6&U, 7-8, 9-10, 11-12, 13-14, 15&O). Relay events: Ribbons for 1st through 3rd place. Heat winners will be awarded.

Meetings: Coaches' meeting will be held 15 minutes prior to the start of timed finals. Officials' meeting will be held at 10:30AM Saturday and Sunday.

Officials: We always appreciate the help of certified officials from other clubs. If you will be attending the meet, please notify the meet referee.

Timers: Each team will be given timing assignments. Please designate a team representative to report to the Head Timer 30 minutes prior to the start of the meet. The 1650 & 500 must provide two timers and a lap counter.

Hospitality: Hot and cold drinks and snacks will be provided to deck officials, timers, and coaches. Snacks, as well as breakfast and lunch, will be provided to deck officials and coaches in the hospitality room.

Concessions: A concession stand will be operating during the entire meet. Please eat and drink in the upper level only. A food truck will be onsite each day for hot food options.

Lodging: Both motels and camping facilities are located within a 6-mile radius of the pool.

Safety: Oregon swimming Safety Rules and Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAP"), will govern this meet.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Medical: The Facility will provide medical supervision to athletes in the form of certified lifeguards.

Restrictions: TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. NO SHAVING. USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING A CELL PHONE, IS NOT PERMITTED IN CHANGING AREAS, RESTROOMS OR LOCKERROOMS. Deck changing is prohibited. Use of audio visual recording devices, including a cell phone is not allowed behind the blocks. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Deck changing is prohibited. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Covid Protocols & Restrictions::

We have taken enhanced health and safety measures for the protection of all visitors to Umpqua Community College pool. All posted, written, and other instructions must be followed while visiting the facility. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., Oregon Swimming, Inc., and Roseburg Y Swim team in conjunction with Umpqua Community College cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming

sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Events:

Saturday			Sunday		
1	Mixed	13 and Over 100 IM	22	Mixed	11 & Over 400 IM
2	Mixed	8 & Under 100 IM	23	Mixed	9-12 100 IM
3	Mixed	9-12 200 IM	24	Mixed	8& Under 50 Freestyle
4	Mixed	13 and Over 200 IM	25	Mixed	9 and Over 50 Freestyle
5	Mixed	8 & Under 25 Freestyle	26	Mixed	8 & Under 25 Backstroke
6	Mixed	9-12 100 Freestyle	27	Mixed	9 and Over 50 Backstroke
7	Mixed	13 & Over 100 Freestyle	28	Mixed	11 & over 200 Backstroke
8	Mixed	8 & Under 25 Butterfly	29	Mixed	9-12 100 Breaststroke
9	Mixed	9 and Over 50 Fly	30	Mixed	13 and Over 100 Breaststroke
10	Mixed	11 & Over 200 Butterfly	31	Mixed	8 & under 100 Freestyle
11	Mixed	8 & Under 50 Back	32	Mixed	9-12 200 Freestyle
12	Mixed	9-12 100 Backstroke	33	Mixed	13 & over 200 freestyle
13	Mixed	13 and Over 100 Backstroke	34	Mixed	8 & under 50 Butterfly
14	Mixed	8 and Under 50 Breaststroke	35	Mixed	9-12 100 Butterfly
15	Mixed	9 and Over 50 Breaststroke	36	Mixed	13 and Over 100 Butterfly
16	Mixed	11 & Over 200 Breaststroke	37	Mixed	8 & Under 100 Freestyle Relay
17	Mixed	Open 50 Free	38	Mixed	9-12 200 Freestyle Relay
18	Mixed	8 & Under 100 Medley Relay	39	Mixed	13 & Over 200 Freestyle Relay
19	Mixed	12 & Under 200 Medley Relay	40	Mixed	11 & over 500 Freestyle
20	Mixed	13 & Over 200 Medley Relay			
21	Mixed	13 & Over 1650 Freestyle			

UNATTACHED SWIMMERS FORM

PLEASE COMPLETE THIS FORM FOR ALL UNATTACHED SWIMMERS PARTICIPATING

MEET _____ DATE: _____

	NAME	AGE	SWIMMING WITH (CLUB)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			

