

# TEAM IMX/IMR Challenge 

Hosted<br>TEAM Eugene Aquatics<br>Held under the sanction of USA Swimming<br>Sanctioned by Oregon Swimming<br>Sanction \#: 23-089<br>October 6-8, 2023

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is also understood and agreed that Oregon Swimming and TEAM Eugene Aquatics shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. In applying for this sanction TEAM Eugene Aquatics agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, State of Oregon and Lane County.

| LOCATION: | Willamalane Pool 1276 G St. <br> Springfield OR 97477 |
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| FACILITY: | The competition course has not been certified in accordance with 104.2.2C(4). Indoor, 25-yard pool with 8 lanes ( 7 feet per lane). Starting blocks at the shallow end of the pool ( $5^{\prime} 6^{\prime \prime}$ ). Deep end is 6 ' 0 ". |
| CONCESSIONS: | There will be a small concession stand at this meet. |
| SPECTATORS: | There will be limited spectating in the balcony area. Spectators must only use the entrance and exit at the back of the pool. We will live stream the event on our youtube page https://www.youtube.com/@teameugeneaquaticslive |
| MEET DIRECTORS: | Chas Esping, (971) 806-7502 <br> Email: meetdirector@teameugene.org <br> Sarah Walters-Wall, (541) 556-9459 <br> Email: meetdirector@teameugene.org <br> Please direct all questions pre and post meet to Sarah. All day-of questions will be handled by Chas. |
| MEET REFEREE: | Mike Ahten mikeahten@gmail.com |
| ADMIN OFFICIAL: | Missy Tapper (Backup = Rhonda Soule) teameugeneao@gmail.com |
| OFFICIALS: | We always appreciate the help of certified officials from other clubs. If you will be attending this meet, please notify the meet referee at least one week before the meet. <br> All referees, starters, administrative officials, electronic timing officials, and stroke and turn judges, serving in an official capacity in this sanctioned event, must be members of USA Swimming. The officials' uniform will be white shirts, black shorts/pants/skirt with black shoes. <br> Officials sign up link: Officials: https://forms.gle/m54vEmR43x1if1my7 |

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|  | Timelines are for reference only and the meet may be running ahead or behind the timeline. Swimmers are responsible for getting to their heat in time for the start. |
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| HEAT SHEETS: | Heat sheets with timelines will be available on the TEAM website in the 'Events' section prior to the meet. |
| MEETINGS: | Coaches' meetings will be held, if needed, 15 min prior to the start of each session. Officials' meetings will be held 60 minutes prior to the start of each session. |
| TIMERS: | The meet will be run with two manual watches and 2 buttons per lane in addition to a fully automated timing system. We will need volunteer timers from each team. |
| RULES: | Current USA Swimming and Oregon Swimming, Inc. rules will govern this meet. All walkways around the pool and lifeguard stations must be kept clear. Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual. <br> Oregon Scratch Rules will not be enforced for this meet. |
| FORMAT: | All sessions will be timed finals. All events 200 and below will be pre-seeded slow to fast, all events 400 and above will be deck seeded, fastest to slowest. Check in for all deck seeded events are due in the meet office 15 minutes after the start of warmups each day. Coaches are encouraged to report all scratches as early as possible to the meet director. Athletes will need to provide 2 timers for individual events 400 yards and longer. <br> The meet is based on the USA Swimming IMX Challenge. There are TWO Divisions: IM Ready (IMR) and IM Xtreme (IMX) to encourage a breadth of swimming skills. To be eligible for an award a swimmer may compete in either IMR or IMX by participating in EVERY EVENT in that Division (total of 5 or 6 events). Award scoring will be based on the Power Point scale. A full description of the IMX and Power Point system may be found at www.usaswimming.org under 'TIMES' $\rightarrow$ 'IMX \& Power Point'. <br> *The non-scoring freestyle events are optional. <br> Below, the 10\&U division is listed for both IMR and IMX since that is how we will score for the meet. Please note that USA Swimming recognizes 9 \& under swimmers and 10 year old swimmers in these divisions. <br> IMR Division events: <br> 9\&U, 10 : 100Free, 50 Back, 50 Breast, 50 Fly, 100 IM <br> 11-12: 200 Free, 50 Back, 50 Breast, 50 Fly, 100 IM <br> 13-18: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM <br> IMX Division events: <br> 9\&U, 10 : 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM <br> 11-12: 500 Free, 100 Back, 100 Breast, 100 Fly, 200 IM <br> 13-overs: 500 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM |
| AWARDS AND SCORING: | High point towels will be given to top IMX/IMR scores for each age group male and female. Scoring will be standard scoring to 8 places for the following age groups $9 \& U, 10,11-12,13-14,15 \&$ Over. Relays will be scored for team scores only. |
| RESTRICTIONS: | No Technical Suit may be worn by any 12 \& Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet. Tobacco, non-tobacco, vapor products of any kind, alcoholic beverages, and glass containers are not allowed in the swimming venue. No shaving permitted in the venue. Use of audio or visual recording devices, including cell phones, is not |
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|  | permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Please <br> change in designated changing areas or locker rooms only. Photography is not allowed behind the <br> blocks at any time during the meet. Operations of a drone, or any other flying apparatus, is <br> prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker <br> rooms) any time athletes, coaches, officials and/or spectators are present. |
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| SAFETY: | Oregon Swimming Safety Rules and Current USA Swimming Rules, including the Minor Athlete <br> Abuse Prevention Policy ("MAAPP"), will govern this meet. All applicable adults participating in or <br> associated with this meet, acknowledge that they are subject to the provisions of the USA <br> Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that <br> compliance with the MAAPP policy is a condition of participation in the conduct of this competition. <br> Medical supervision will be provided by facility lifeguards. |

## ORDER OF EVENTS:

| SESSION \#1 |  |  |  |
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| Girls | Event Description | Boys |  |
| 1 |  | OPEN 800 FREESTYLE RELAY | 2 |
| 3 | $9-10500$ FREESTYLE | 4 |  |
| 5 | $11 \&$ OVER 1000 FREESTYLE | 6 |  |
| 7 | $11 \&$ OVER 1650 FREESTYLE | 8 |  |


| SESSION \#2 |  |  |  |
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| Girls |  | Event Description |  |
| 9 | OPEN 200 MEDLEY RELAY | 10 |  |
| 11 |  | $11-12$ 200 INDIVIDUAL MEDLEY | 12 |
| 13 |  | $10 \&$ UNDER 200 FREESTYLE | 14 |
| 15 |  | $12 \&$ UNDER 50 BUTTERFLY | 16 |
| 17 |  | $13 \&$ OVER 200 BUTTERFLY | 18 |
| 19 |  | $10 \&$ UNDER 100 BUTTERFLY | 20 |
| 21 |  | $11 \&$ OVER 100 BUTTERFLY | 22 |
| 23 |  | OPEN 100 FREESTYLE | 24 |
| 25 |  | $13 \&$ OVER 200 BACKSTROKE | 26 |
| 27 |  | $10 \&$ UNDER 100 BACKSTROKE | 28 |
| 29 |  | $11 \&$ OVER 100 BACKSTROKE | 30 |
| 31 |  | $12 \&$ UNDER 50 BACKSTROKE | 32 |
| 33 |  | $13 \&$ OVER 400 INDIVIDUAL MEDLEY | 34 |


| SESSION \#3 |  |  |  |
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| Girls | Event Description |  |  |
| 35 |  | OPEN 200 FREESTYLE RELAY | 36 |
| 37 |  | $10 \&$ UNDER 200 INDIVIDUAL MEDLEY | 38 |
| 39 |  | $12 \&$ UNDER 100 INDIVIDUAL MEDLEY | 40 |
| 41 |  | $13 \&$ OVER 200 INDIVIDUAL MEDLEY | 42 |
| 43 |  | $12 \&$ UNDER 50 BREASTSTROKE | 44 |
| 45 |  | $10 \&$ UNDER 100 BREASTSTROKE | 46 |
| 47 |  | $11 \&$ OVER 100 BREASTSTROKE | 48 |
| 49 |  | $13 \&$ OVER 200 BREASTSTROKE | 50 |
| 51 |  | $11 \&$ OVER 200 FREESTYLE | 52 |
| 53 |  | $11-12$ 500 FREESTYLE | 54 |
| 55 |  | $13 \&$ OVER 500 FREESTYLE | 56 |

